



FLW & Community Events Information "WOODWORKS"

MAY 2012

The "Woodworks" link can be found on the Garrison Page and/or the Community Page for One-Stop access to events newsletter, calendar and archived data

http://www.wood.army.mil/wood_cms/2258.shtml

Information contained in this handout is for informational purposes only. References to private organizations and their activities do not imply endorsement by the U.S. Government, Department of Army or Fort Leonard Wood.

<u>Woodworks Mission:</u> To serve as a forum for installation and community information sharing with attendance by community members, family, retirees, civilians and military. Everyone is welcomed.

Agenda:

Woodworks Information Forum, 30 MAY 2012

Guest Speaker/Topic: Lodge of 4 Seasons-Maria Davis

Location: Pershing Community Center

• Time: 10 – 11:00 am

Upcoming Woodworks: Attendance at last Woodworks (78)

| Date | Location | FOCUS | Submission Deadline |
|---------|---------------------------|--|------------------------|
| 27 June | Pershing Community Center | AFTB Debra Griffin | 22 June |
| 25 July | Pershing Community Center | Armed Service Blood Program-Carl Norman | 20 July |

POC for submissions to the "Woodworks" Newsletter is Shena Suskin, Garrison Command Human Resources Assistant, 563-5967. Information submissions are preferred by E-mail to shena.l.suskin.civ@mail.mil

Woodworks comment/question/suggestion box — Fill out an ICE comment card with your comments, questions, or suggestions and place in the box on the handout table. The question, comment, or suggestion will be printed in the next Woodworks newsletter along with a response from the appropriate staff agency.

Or ICE welcomes your constructive feedback! Visit

http://ice.disa.mil/index.cfm?fa=card&service_provider_id=111542&site_id=447



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JUNE 2012 Woodworks Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| | | | | | 1 | 2 |
| 3 | -Senior/Retiree TAP Workshop 0800-1630 - National Safety Month Sun Safety Week | a -10:30 Toddler Story time Clarke Library Senior/Retiree TAP Workshop 0800-1630 | -12:30 Pre-K Story time, Clarke Library -Senior/Retiree TAP Workshop 0800-1200 | 7 -ASYMCA FREE Diaper give Away from 9-1 PM Alphapointe Base Supply Center 2346 Louisiana Ave., FLW 329-4513 -ACAP & RSO MINI JOB FAIR: National Guard Armory Bidg. 986 1100-1400 | a - National CPR, AED Awareness Week | 9 |
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| 17 | 10 | 19 -10:30 Toddler Story time Clarke Library -FEDERAL RESUME SEMINAR TRUMAN ED. CTR. 0800-1130 | 20 -12:30 Pre-K Story time, Clarke Library -Horne Safety Month | 21 | 22 | 23 |
| 24 | 26 - Heat / Hydration Safety | 26 -10:30 Toddler Story time Clarke Library | 27 -12:30 Pre-K Story time, Clarke Library | 28 | 21 | 30 |

MILITARY PERSONNEL OFFICE/DIRECTORATE OF HUMAN RESOURCES (MILPO/DHR)

POC: CINDI MCGUIRE, 596-0175



MAKING YOUR TRANSITION A SUCCESS

Open to the public ACAP briefings and classes are in high demand and we want to maintain the highest quality of service to you, our valued customer. In order to ensure there is a seat saved for you, please always call ACAP at 573-596-0175 or go online to www.acapexpress.army.mil and register for the class or briefing you would like to attend. Otherwise all of the seats are quickly reserved and walk-ins cannot be easily accommodated. ** NOTE: room numbers subject to change due to availability. Contact the ACAP Center, 573-596-0175 to verify room numbers. Please help us serve you best by reserving your seat. Spouses are warmly welcome. We look forward to working with you!



POC: CH (COL) JAMES WATSON, 596-2127

BACCALAUREATE SERVICE On Sunday June 10th at 3:00 pm, The Fort Leonard Wood Permanent Party Gospel Service which is located at the Central Iowa Chapel, Bldg 742 Iowa Ave. and W. 11th Street Ft. Leonard Wood is pleased to announce the First Annual Baccalaureate Service "PATHWAY TO SUCCESS." This service will allow the FLW community to celebrate the 2012 academic school year educational accomplishments and graduation of our family members and friends. Graduates (kindergarten-graduate school) are invited to participate. The Guest Speaker for the program will be Dr. Sonya B. Campbell, Principal, Wood Elementary School, Fort Leonard Wood, Missouri. POC's for this event are Dr. Respress at 573-512-0864 or connie.d.respress@us.army.mil or CH (LTC) James Smith @ 573-596-1038 or james.smith36@us.army.mil.

BACKYARD BIBLE CLUBS: Throughout June and July the Protestant Youth of the Chapel will conduct Backyard Bible clubs in backyards of military families both on and off the installation. Any child may attend these clubs, but these clubs are Protestant in nature. Host families will invite the children of those in their neighborhoods. These Clubs are like "mini-Vacation Bible Schools" lasting 2 hours and containing songs, games, snack, Bible story and fun. For information about locations and times, please contact Evangeline McKay at 573-433-9152 or CH (CPT) Kirk Kay at 573-596-0131 ext 6-1043.

<u>CATHOLIC VACATION BIBLE SCHOOL (VBS)</u> "A Wildemess Adventure through the Sacraments. Jesus in My Heart", 9:00 a.m. - 12:00 p.m., July 16-20 at the Installation Chaplain's Office (Old Pershing Elementary School) on Indiana Avenue. The POC is Elizabeth Ferrell at 573-451-3059.

PROTESTANT VACATION BIBLE SCHOOL (VBS) "SKY Everything is Possible With God", 8:30-11:30 a.m., July 23-27 at the Main Post Chapel. The POC is Susan McConaghy at 417-458-4887.

<u>KIDSZONE</u> meets Tuesdays from 4:30 – 6:30 p.m. at Pershing Elementary School on Indiana Ave across from Lieber Heights Chapel. To sign-up (to attend or volunteer) contact Evangeline McKay at 573-433-9152. POC: Cindy Dack 596-0089 or CH (LTC) Michael King, 596-0131, ext. 6-6225.

A.T.E.A.S.E. (Attending To Every Armed-Forces Spouse Exclusively) Who: Armed Forces Spouses of enlisted and officers. What: To support the Home front, our Front line champions, the Unsung heroes who work in the shadows, the Armed Forces Spouse and their family members. Food, friendship, fun and games and so much more. When: The third Friday of the Month from 6:00-8:00 p.m. Where: Main Post Chapel. POC: Stacey Garee at (309) 824-5608, or on face book; ATEASE Fort Leonard Wood.

WORLDWIDE MARRIAGE ENCOUNTER The next Worldwide Marriage Encounter Weekend is in St. Louis, MO. Aug. 10-12, 2012. The weekends are open to many denominations and provide an atmosphere that allows the couple time to focus on their relationship and communication. Even if your marriage is great or just needs a little spice, this weekend is for all. The weekend does not provide Marriage counseling. For more information on Marriage Encounter you can visit this link: http://www.wwme.org/ For more information and to sign up for a weekend, please contact Mike Johnson (1-573-528-3913) and or Pat Johnson (1-573-528-3912).

CATHOLIC MENS GROUP Who: Men (Catholic & non-Catholic) who are interested in learning and growing in faith. What: Learn about our Catholic faith, learn how to live our Catholic faith, and come to understand why knowing and living our Catholic faith is so important. When: Sundays, 1100 - 1220 hours (same calendar/schedule as CCD) Where: Main Post Chapel. POC: Paul Kelly 774-2797,pwks15@aol.com

<u>PRE-CANA</u> The Catholic Church requirements for marriage stem from the belief that it is a very serious, holy, and permanent event - a sacrament. It is not only the union of two bodies, minds and hearts, but also two souls. This is a requirement for Catholic Marriage. POC: Pat Johnson, Catholic Director, 596-3913.

ANTICIPATED SUNDAY MASS is held at Soldier Memorial Chapel on Saturday at 6 p.m.

SUNDAY NIGHT LIVE (SNL) Sunday Night Live every Sunday evening at the Main Post Chapel. We have classes for all ages from Kindergarten through 99! Child care is provided for infants through 5 years. Last night for the Spring Semester was May 20th. Sunday Night Live will continue during the summer! Begins June 10, 2012 at 6:45 PM. Bible studies for adults to include: The Five Love Languages, The Community Bible Experience, Stages of Faith, A new Believers class, Children's Sunday Night Live, and Youth for both Jr. High and Sr. High. We will not have dinner during the summer sessions.

David McKay leads the youth study time and the children will have the opportunity to participate in a protestant Sunday School program. Classes finish by 7:45 p.m. Call Cindy Dack, Director of Religious Education, with any questions at 596-0089.

FINANCIAL PEACE UNIVERSITY Dave Ramsey's Financial Peace University for the military meets Wednesdays at 6 p.m., starting May 23rd for 13 weeks, except for the 4th of July at the Main Post Chapel. Childcare is provided, but please call to register so that we have enough materials. Call Cindy Dack, Director of Religious Education, at 596-0089.

CATHOLIC BIBLE STUDY meets Thursdays from 6 - 7 p.m. in Bldg 590 with a journey through Salvation History. Has anyone asked you why you pray to Mary? Why do you confess your sins to a Priest? Where is that in the Bible? This overview of God's plan of salvation, including the key people, places, and events of the Bible, will give you the answers. Discover which 14 books of the Bible tell the story and how the other 59 books fit in. POC: Pat Johnson, Catholic Director, 596-3913.

CATHOLIC CONFRATERNITY OF CHRISTIAN DOCTRINE (CCD) Classes meet Sundays from 11:00 – 12:30 p.m. at the Main Post Chapel. POC: Patricia Johnson, Catholic Director, 596-3913. Last classes for CCD were May 20th. Classes will resume September 9th.

CATHOLIC Rite of Christian Initiation for Adults (RCIA) meets Sundays, 11:00 am, at the Main Post Chapel; RCIA is a program for adults interested in learning more about the Catholic Faith and/or preparing to receive the Sacraments of Initiation (Baptism, Holy Communion, or Confirmation). Contact: Pat Johnson, Catholic Director, 596-3913. Last classes were May 20th. Classes will resume September 9th.

CATHOLIC Rite of Christian Initiation for Children (RCIC) meets Sundays, 11:00 am, at the Main Post Chapel; RCIA is a program for children (ages 12-17) who have yet to receive the Sacraments of Initiation (Baptism and/or Holy Communion). Contact: Pat Johnson, Catholic Director, 596-3913. Last classes were May 20th. Classes will resume September 9th.

<u>SACRED HEART WOMEN OF FAITH (MCCW)</u> will be hosting study groups through the summer. Please visit our website or email us for more information at https://sites.google.com/site/fortleonardwoodmccw, or flwmccw@gmail.com.

NATURAL FAMILY PLANNING Instruction offered by Trevor and Becky Needham, certified Natural Family Planning Instructors, for couples seeking the safest, most natural, low-cost means of family planning. Effective for both achieving and avoiding pregnancy. For more information please visit our website: https://sites.google.com/site/needhamnfp Please contact Becky for more information: 215-206-8679 or needhamsnfp@gmail.com.

HOSPITAL CATHOLIC MASS is held weekdays at 11:35 a.m. in the Hospital Chapel. POC: Pat Johnson, Catholic Director, 596-3913.

KNIGHTS OF COLUMBUS (KofC) A Catholic men's organization that meets the second Tuesday of the month at Bldg 590 at 7 p.m. KofC offers Catholic Christian fellowship and opportunities to be of service to others in the FLW/ St Robert / Waynesville area. POC: Mike Johnson (573) 528-3913 or tazmaniandevil03@gmail.com.

<u>PRE-MARITAL CLASS</u> is held the first Friday of each month and is a prerequisite for wedding ceremonies held in our chapels; the next post-wide class will be Jun 1st at 8:30 a.m. at Main Post Chapel in Room 148. For more information and to sign-up, call PFC Kaitlyn Holloway, Family Life Chaplain's Office at 596-6033.

PROTESTANT WOMEN OF THE CHAPEL (PWOC) PWOC meets on Tuesday mornings from 9:00 a.m. – 12 p.m. and Tuesday evenings from 6:00 - 8:00p.m. at the Main Post Chapel. PWOC offers ladies' Bible studies and fellowship time for women seeking to grow in their walk with the Lord. Free Watch Care is available on site on Tuesdays mornings. For more information, contact April at 573-855-7734 or email LeonardWood@PWOC.org or CH (LTC) Michael King, 596-0131, ext. 6-6225. Last session for the Spring Semester was 15 May. PWOC Summer Session begins May 29th at Main Post Chapel from 9 AM to 11:30 AM. The Summer Session will last for six weeks (ending on 10 July). PWOC will NOT meet on 3 July.

PROTESTANT YOUTH OF THE CHAPEL (PYOC) meet on Wednesdays from 6:00 - 8:30 p.m. for Sr. High School Students (9-12th grade). Jr. High School Students (6-8th grade) meet Tuesdays from 4:30 - 6:30 p.m. Both meet at Pershing Elementary School on Indiana Ave across from Lieber Heights Chapel. POC: David McKay, 596-7400 or CH (LTC) Michael King, 596-0131, ext. 6-6225.

CATHOLIC YOUTH OF THE CHAPEL (CYOC) meet every Sunday from 4:30 - 6:00 p.m. at Pershing Elementary School on Indiana Ave across from Leiber Heights Chapel. Open to Confirmation-aged teens (13 yrs old and up). Contact POC: Amy Migliara, Catholic Youth Group Director, 573-855-8272 or amy.migliara@us.army.mil for more information. Last meeting was May 20th. We will have a few summer sessions, please visit the website for more information at: https://sites.google.com/site/flwsacredheartyouthgroup/

PROTESTANT MEN OF THE CHAPEL (PMOC) meets every Wednesday at Bldg 590 at 11:30 a.m. Lunch is provided. We are studying "2 Thessalonians". POC: CH (LTC) Michael King, 596-0131, ext. 6-6225.

OFFICER CHRISTIAN FELLOWSHIP (OCF) Bible Studies are conducted off post and, occasionally, within specific courses, based on student interest. Current off-post studies are:

Sundays, 6:00 pm, 210 Lafayette Circle, Waynesville (contact Mark & Desiree Prugh, Prughlaw@aol.com, 573-774-6290.

OCF is also seeking a permanent party active duty officer assigned to Ft. Leonard Wood to assist in leadership activities. For information regarding this, other studies, or questions on OCF at Ft. Leonard Wood, please call COL (Ret) Jerry Meyer, 1-845-596-8723, meyeri@ctc.com. POC: CH (LTC) Michael King, 596-0131, ext. 6-6225.



BRUCE C. CLARKE LIBRARY POC: JOYCE A. WAYBRIGHT, 563-4113

Regular Hours

<u>Library Hours – 1st Floor Community Services</u> 573-563-4113

Monday - Thursday 10:00 am - 6:00 pm effective 5 Mar 12

Saturday - Sunday 10:00 am - 5:00 pm

Friday & Holidays Closed

Library Hours – 2nd Floor Academic Services (enter from Lincoln Hall on Fridays)

Monday - Thursday 7:15 am - 6:00 pm 573-563-4109

Fridays 7:15 am - 5:00 pm Sat, Sun & Holidays Closed

Training Holidays 8:00 am - 4:00 pm

<u>Children's Library Hours:</u> (temporary until vacancies are filled) Monday-Thursday 10:00 AM – 1:00 PM and 3:00 PM-5:00 PM

Saturday-Sunday 12:00 Noon- 4:00 PM

Media Zone Hours: (temporary until vacancies are filled)
Monday-Thursday 12:00-2:00 PM and 4:00 PM-5:45 PM

Saturday-Sunday 12:00 Noon-4:00 PM

The Library is located in the MSCoE (MANSCEN) Complex in Building 3202 (the East wing) --- just off Nebraska AVE & 1ST Street.



New LIBRARY website: www.wood.army.mil/library

Your may access our Library Catalog directly www-library.wood.army.mil (to view your own account to place holds or renew books you must know your user name/alternate ID and PIN/password)

Remember the Clarke Library does provide access to many 24/7 Virtual services.

Research/reference databases that provide access to thousands of journals, newspapers and digital reference materials.

We also have access to a number of ebook and eaudio services that you can either use on your computer or download to a variety of media devices.

These services are paid for by DoD, DA and the Clarke Library for the use of authorized patrons. Some of these services are also available on MilitaryOneSource (www.militaryonesource.com), ArmyOneSource, and service portals such as AKO (www.us.army.mil). You have to register for FREE accounts for these services. In some cases you must also create a FREE account within the database or ebook service, such as Petersons, Ebsco, and Tutor.com for military families.

FREE e Audio Books



Listen and read-along for kids www.tumblebooklibrary.com
Username: army password: libra



eAudio eBooks for 12 + www.tumblereadables.com

Username: army password: login



FREE live personal tutors in Math, Science, English, Social studies and more. K-12, College and adult learners. Plus online links to tests, worksheets and other study tools. Sign-up for your account at www.tutor.com/military

Please visit or call the library for more information.

RECURRING LIBRARY PROGRAMS/EVENTS:

- Toddler Story Time Tuesdays 10:30 am, Ages @ 18 months-3 years. Stories and simple crafts by ASYMCA. Children's Library 563-5857
- Preschool Story Time Wednesdays 12:30 pm, Ages @ 2-6 years.
 Stories and crafts provided by ASYMCA. Children's Library 563-5857



Summer Library Program

Online registration will begin July 1st 2012 and continues through August 18th 2012.

Online reporting will begin July 8th and continues until the program ends on August 25th.

There are programs for children, teens and adults. Summer Readers may sign-up individually under the program for their age group or a parent/sponsor may choose to sign up the younger children under a group registration. The minimum goal for the seven weeks of the program is 7 books for adults and teens and 700 minutes for children. You may read, report, and review more if you would like. You may also listen to audio books if you wish.

This program will let you create reviews of the books you read that you can share online with others in the program. You may also create reading lists of interesting books from the reviews posted by other Summer Readers.

There will also be random drawings throughout the program for a variety of prizes. In order to be entered in the drawings you must be signed up in the program and be reporting your reading. The final drawing for the grand prizes will take place after the program ends. Winners must have logged in minutes or books read in the online program to be included in the drawings for the prizes. All winners must be registered Bruce C. Clarke library patrons, either as an individual or the child of an authorized sponsor. Library registration requires a military, military family member or civilian employee ID card and must be done in person at the library by the sponsor or spouse.



CYS SERVICE SPECIAL OPENING - RESPITE CARE

Deployment Respite Care is available for children registered with CYS Services whose parent/sponsor is deployed, on TCS, PCS or TDY (90-179 days) orders or a Service Member of the deployed unit. Sixteen free hours of care is available per month, per child, during the deployment. A copy of the Service Member's orders must be provided. The CDC opens twice a month for this service. The normal cost of hourly care is \$4 per hour will apply; payment must be made in advance. This service may be utilized by other patrons whose children are registered for hourly care. Reservations are required and may be made up to two weeks in advance. Care is available for children 6 weeks - 5th grade. Due to space limitations, paid reservations may be bumped to make room for deployed Service Member's reservations. If this should occur, advance payments will be refunded. For more information and hours call 573 596-0197.

<u>Dates:</u> June 3 - 12:00 pm - 4:00 pm; June 15 - 6:00 pm - 10:00 pm; July 8 - 12:00 pm - 4:00 pm; July 20 - 6:00 pm - 10:00 pm

CYS SERVICES - FRG CHILDCARE

Family Readiness Group (FRG) childcare is a partnering event between CYS Services and Army Community Service (ACS). There is FREE childcare service two nights per month for any FRG member who would like to utilize the service to attend an FRG meeting. To utilize the service your child must be registered with CYS Services and reservations must be made no later than 12:00 pm the week before the date of the opening. For more information call 596-0200.

Dates: June 7 & 19 - 6:00 pm - 8:30 pm; July 5 & 17 - 6:00 pm - 8:30 pm

Now - June 1 TRAP/ SKEET SHOOTING: REGISTRATION -

The SKIES program is hosting Trap and Skeet Shooting class Tuesdays starting June 5 through July 31 from 4:30 pm – 5:30 pm at the Outdoor Adventure Center. Cost is \$80 per person, youth must be 11 years of age and older. Learn the competitive sport of trap and skeet shooting, develop basic shotgun skills and improve your hand eye coordination. All equipment is provided for this 8 week course, register by June 1 as class size is limited to ten students. Youth must be registered with CYS Services. (No class on July 3) For more information call 596-0200.

Now - June 11 HIRED! APPRENTICESHIP PROGRAM: REGISTRATION

The Pippin Youth Center's HIRED! Apprenticeship Program is registering for the June 11 program. The HIRED! Program is an apprenticeship program offered through the CYS Services that is designed to meet the workforce-preparation and secondary education needs of eligible youth. HIRED! is FREE and open to registered youth in grades 9-12. Must be able to work 15 hours per week to earn \$500 and must register one month prior to start. The Pippin Youth Center is located in Bldg. 9625 Young Street. For more information call 596-0209.

Now - July 6 SCHOOL AGE SERVICES SUMMER CAMPS SESSION 1

School Age Services program is hosting summer camp session 1 from 9:00 am -1130 am & 1:30 pm – 3:30 pm for youth in 1st – 5th grades. Youth must be registered with CYS Services. School Age Services is located in Bldg. 616 Replacement Avenue. For more information call 596-0239.

Camps include:

Miniature Matinee Camp - Music, dancing, costume, prop design, rehearsing for Beauty and the Beast.

World Traveler Camp - Experience different cultures, language, crafts, food and more!

Nature Camp - Activities such as Compass making, Foreign Coin Search, Planting, Casting & Fossils

Science Camp - Includes but not limited to, botany and volcanist, etc. Lots of fun science activities!

Sports & Physical Fitness Camp - Join us for indoor and outdoor sports like baseball and hockey.

Microwave Cooking Camp - Learn different recipes for microwave cooking.

Talent Showcase Camp - Learn a variety of dances, Friday will be the "Showcase"!

Music in Me Camp - Designed for 4th & 5th Graders. Children will make their own music in a studio atmosphere.

<u>Scratch Animation Camp</u> - Children create their own interactive stories, animations, games, music and art in the computer lab.

Robotics Camp - Designed for 4th & 5th Graders. Children will learn the Lego Mindstorms system, designed to help them learn programming, along with science, technology, engineering and math concepts.

Now – August 24 PIPPIN YOUTH CENTER SUMMER CAMPS

The Pippin Youth Center summer camp program is in session for youth currently enrolled in 6th – 12th grade. Each camp requires a signed permission slip and a \$25 deposit which will be returned on the final day of the camp if youth attended each day. *Times and fieldtrips subject to change. For more information call 596-0209.

Camps include:

Culinary Camp; 30 May-1 June/ learn simple cooking, guest speaker, berry picking and pool party.

Explore Missouri; June 4-8/ survival day, St. Louis, archery – the best Missouri has to offer.

Outdoor Adventure; June 11- 15/ swimming, BBQ, canoeing, cave exploration, zip lining.

Float your Boat; July 9-13/ learn new games, swimming, boating, tubing and canoeing.

Passport to Manhood; July 16- 20/ try out paintball, archery, skeet shooting, boating, tubing, swimming, and Six Flags.

<u>Smart Girls;</u> July 23- 27/ learn nutrition, rafting, scrapbooking, water aerobics, safari and movies. <u>Sports Camp</u>; August 1-3/ learn and play a different sport each day and attend a Springfield Cardinals baseball game.

Sink or Swim; August 20- 24/ learn new games, nutritious snacks, swimming, Big Surf, Hurricane Harbor.

Now – July 2 EDGEI JULY REGISTRATION (Grades 1-5)

Enroll your child for CYS Services EDGE July. The CYS Services has partnered up with other Family & MWR facilities to bring the youth of the Fort Leonard Wood community the EDGE Program, a monthly program offers after school opportunities for youth to Experience, Develop, Grow, and Excel by participating in cutting-edge activities. Registration deadline is July 2. Participants must be registered with CYS Services prior to signing up. Open to registered youth in grades 1-5. For more information call 596-0200.

Fitness EDGE! – Instructional Bowling Intermediate. Youth in grades 2 – 5 Learn the basics of bowling in this week long intermediate instruction of bowling at Daugherty Bowling Center. Cost is \$62.50.

Fitness EDGE! – Body Blast. Youth in grades 4 – 5 Body blasting class for all levels. A boot camp for the entire body. Fat blasting interval training including kickboxing, plyometrics, medicine balls, kettle bells, sports drills, core work and more! Fun upbeat class!! Dig deep for this one- you will burn fat, increase strength and see changes in your body and your fitness! Cost is \$22.50.

Adventure EDGE! – Intro to Comic Drawing. Youth in grade 5 A week long instruction of the basics of drawing comic books. Cost is \$20.

Fitness EDGE! – Floor Hockey. Youth in grades 3 – 5 Floor hockey is an action-packed sport that offers participants a fantastic opportunity to get some exercise in a fun environment. Cost is \$50.

Fitness EDGE! – Yoga. Youth in grades 3 – 4 A class for students new to yoga or those with a foundation who are interested in a less strenuous practice that allows more time to explore alignment and modifications in postures. Practice includes joint mobilization exercises followed by postures to build strength and flexibility. Movement is linked to breathing. Time will be spent breaking down the building blocks of each posture. Modifications will be offered and props used to allow exploration of the poses. Cost is \$22.50.

Now - July 2 EDGE! JULY REGISTRATION (Grades 6-12)

Enroll your child for CYS Services EDGE July. The CYS Services has partnered up with other Farnily & MWR facilities to bring the youth of the Fort Leonard Wood community the EDGE Program, a monthly program offers after school opportunities for youth to Experience, Develop, Grow, and Excel by participating in cutting-edge activities. Registration deadline is July 2. Participants must be registered with CYS Services prior to signing up. The EDGE program is free to registered youth in grades 6-12; unless otherwise specified. For more information call 596-0200.

Fitness EDGE! – Body Blast. Body blasting class for all levels. A boot camp for the entire body. Fat blasting interval training including kickboxing, plyometrics, medicine balls, kettle bells, sports drills, core work and more! Fun upbeat class!! Dig deep for this one- you will burn fat, increase strength and see changes in your body and your fitness!

Fitness EDGE! – Instructional Bowling Beginner. Enjoy a week long instructional of the basics of bowling. Participants will learn how to choose the right ball, proper form, scoring and more!

Fitness EDGE! – Instructional Bowling Intermediate. Enjoy a week long intermediate instructions of the basics of bowling. Participants will learn how to choose the right ball, proper form, scoring and more! Adventure EDGE! – Intro to Comic Drawing. A week long instruction of the basics of drawing comic books. Fitness EDGE! – Bowling Tips and Tricks. Enjoy a weeklong instructional of bowling tricks and tips at Daugherty Bowling Center.

Fitness EDGE! – Yoga. A class for students new to yoga or those with a foundation who are interested in a less strenuous practice that allows more time to explore alignment and modifications in postures. Practice includes joint mobilization exercises followed by postures to build strength and flexibility. Movement is linked to breathing. Time will be spent breaking down the building blocks of each posture. Modifications will be offered and props used to allow exploration of the poses.

Now- Aug 28 LADIES GOLF FUN LEAGUE

Join in on the fun at Piney Valley Golf Course's Ladies Golf Fun League from May 15 – August 28 Tuesdays at 5:00 pm. Registration fee is \$20 for Annual Green Fees Patron members and \$30 per non-AGFP. There will be weekly fees which are based on pay grade. The fun league is great for team building, stress reliever, or just to hang out with friends, coworkers, and/or family. There will be an end of the league banquet dinner and trophies for winners. Open to the public. Piney Valley Golf Course is located on FLW 20 off Water Intake Road. For more information call 329-4770.

June 1 & 5 HIRED! APPRENTICESHIP PREREQUISITE TRAINING

The Pippin Youth Center's HIRED! Apprenticeship prerequisite training program is in session from 9:00 am – 2:00 pm. The HIRED! Prerequisite training program will train youth in resume building, job application, and professional image, interviewing for the job, ethics, basic business etiquette, and money matters. HIRED! Is FREE and open to youth in grades 9-12 ages 15-18. Youth must be registered with CYS Services. The Pippin Youth Center is located in Bldg. 9625 Young Street. For more information call 596-0209. Additional dates: August 1 & 11

June 1 – Aug 15 2012 SUMMER FUN BOWLING SPECIAL

Daugherty Bowling Center is offering 2012 Summer Fun Bowling Special from June 1 – August 15, Monday thru Friday, 11:00 am – 6:00 pm. Youth ages 16 yrs. and under will receive 2 games of bowling per day on the house! (Shoe rental regular rate). Make sure to register for a drawing of prizes at the end of the summer! Daugherty Bowling Center is open to the public. For more information call 596-1498/329-2477.

June 2 PHOTOGRAPHY CLASS – OUTDOOR PORTRAITS

The Arts and Crafts Frame Shop is hosting Outdoor Portraits Photography Class. This is a great class, taught by photographer Mike Curtis and will teach you the techniques to capture the perfect outdoor portraits. Put what you learned in practice as this class includes outdoor instruction and will be held rain or shine (dress appropriately). Participants receive a 10% discount on framing on a selected photo from class. Seating is limited. For cost and details stop by the Arts & Craft Frame Shop located in the PX Mini Mall or call 596-0242. Additional dates and classes: October 20 - Fall Landscapes

June 2 & 16 SCHOOL AGE SERVICES OPEN RECREATION

Children in 1st through 5th grades as well as home school children that are registered with CYS Services are eligible to attend School Age Services open recreation. Open recreation offers a variety of directed and self-directed youth activities from 12:00 pm - 3:00 pm on selected dates. School Age Services is located in Bldg. 616 Replacement Avenue. For more information call 596-0238. Additional dates: July 14 & 28 / August 4 & 18 / September 8 & 22

June 3 WATER SKIING SUNDAYS

The Outdoor Adventure Center will be hosting "Water Skiing Sundays" from 9:00 am – 3:00 pm. Grab your swim suit, pack your lunch and enjoy a day on the lake, skiing, tubing, wakeboarding and swimming. We provide transportation, boat, driver and a great time, you provide the willingness to have fun! Cost is \$50 per person for 4 hours of water recreation and instruction. Check in by 8:30 am at the Outdoor Adventure Center. Water skiing Sundays is open to the public and you must know how to swim. Interested participants must preregister two days prior to the event at the Outdoor Adventure Center located in Bldg. 2290 FLW K Rd. For more information call 596-4223. Additional dates: July 15, August 5

June 4 & 5 TICKET PICK UP FOR THE JUNE 13 USO SESAME STREET SHOW

Family & MWR and the USO present USA Sesame Street a LIVE performance on JUNE 13. Two FREE 40 minute shows will be held, one at 3:00 pm and the other at 6:30 pm located at the Abrams Theater.

You MUST have a TICKET - Tickets will be distributed to Active Duty Military members and dependents JUNE 4th & 5th from 10:00 am – 1:00 pm, at the Special Events Office located in Bld. 1000 South Dakota Ave room 110. The show will have 6 of the popular characters, including a new character created especially for the USO...her name is Katie and she is a military child! The show deals with making new friends in new places and is not to be confused with Sesame Street Live. Doors open at 2:30 pm and 6:00 pm. (No video cameras or strollers allowed/still cameras will be permitted) For more information call 596-6913.

June 4 & 18 PRESCHOOL BUMPER BOWLING

The SKIES program is hosting preschool bumper bowling Mondays June 4 and 18 from 9:00 am – 11:00 am at the Daugherty Bowling Center. Cost is \$10 per child, age group must be preschool. Learn to follow directions, use hand/ eye coordination and gross motor skills while having fun bowling. Register deadline is Friday June 1. Youth must be registered with CYS Services. For more information call 596-0200.

June 5 & 19 SENIOR GOLF TOUR

The Piney Valley Golf Course is hosting the Senior Tour, with a shot gun start beginning at 9am. Cost is \$25 for Annual Green Fees Patron members and \$30 per non-AGFP, includes cart and breakfast. Tour is open to the public ages 50 yrs. and older. Register at the Piney Valley Golf Course located on FLW 20, off Water Intake Rd. For more information call 329-4770. Tour Dates: July 3 & 17 / August 7 & 21 / September 4 & 18 / October 2 & 16

June 6, 13 & 20 JUNIOR GOLF CLINIC REGISTRATION

The Piney Valley Golf Course is offering a Junior Golf program 9:00 am – 12:00 pm for youths' ages 8-18. This golf program is designed to teach young golfers the game as well as the proper rules and etiquette of golfing. Cost is \$60 per person, includes meal, combined tournament held on July 28 from 2:00 pm – 5:00 pm. There are two session to choose from. Sign-up at the Piney Valley Golf Course located on FLW 20 (off Water Intake Rd.). Space is limited so sign-up early. For more information call 329-4770. Junior Golf Clinic Session II: July 12, 19, & 26; 9:00 am – 12:00 pm

June 8 NIGHT TIME 3D ARCHERY COMPETITION

The Outdoor Adventure Center will be hosting 3D night archery tournaments June through August. Test you capabilities in judging yardage and shot placement in low light situations. Registrations will begin from 10:00 am – 10:30 am day of, shoot will begin at dark. Don't miss the surprise challenge on August 10 for a free bow. The Outdoor Adventure Center is located in Bldg. 2290 FLW K Rd. For more information call 596-4223. Additional dates: July 27, August 10

June 8 COMMANDER'S GOLF SCRAMBLE

The Commander's Golf Scramble will be hosted by the Piney Valley Golf Course with a 12:00 pm shot gun start. Scramble consists of a 4 person team; cost is \$35 for non AGFP's or \$30 for Annual Green Fee Patrons (AGFP) includes greens fees, and cart. Bring your friends, co-workers or battle buddies for a great afternoon of golfing. Food and beverages are provided at each event. For more information call 329-4770. Additional dates: July 13/ August 10/ September 14/ October 12

June 8 MOVIE IN THE PARK

Family & MWR invites you to Movie in the Park, featuring "HOP". Enjoy a movie with friends and family under the stars! Movie begins at 8:30 pm and will take place at Colyer Park. Movie is FREE and open to the public. Bring your own blanket and chairs. No pets allowed. No show if rain or high winds. Concessions will be available. For more information call 596-6913.

June 9 10TH ANNUAL CATFISH DERBY

Outdoor Adventure Center in partnership with Resource Management Branch, Missouri Department of Conservation, and American Fisheries Society will host the 10th annual Kid's Catfish Derby, FREE and open to the public, at our new location of 228 pond at the corner of lowa Ave (FLW 1) and FLW Rt. 38. Registration begins at 8:00 am, fishing starts at 9:00 am through 11:00 am. Prizes will be given throughout the derby for those lucky kids who catch one of our tagged fish. This derby is for kids 15 years of age and under and no fishing license is required by state law. Free Hotdogs and beverages will be provided for each child while supplies last. Limited number of fishing poles will be available for kids so children should bring their poles if possible. For more information call 596-0974.

June 9 CAR SHOW @ BLACKJACK

The Pershing Community Center is hosting their inaugural BlackJack "Show and Shine" Car Show from 5:00 pm – 8:00 pm. Join us for a great time, cool cars, great music and food. Bring your vehicle, motorcycle, old truck or other hot rod to show off. There is no registration fee or cover charge to come and view the cars. Cost for food, to include; burger and chicken sliders, mashed potato bar, grilled cheese action station will be \$12 per person. Pershing Community Center is located in Bldg 4109 Piney Hills Dr. For more information call 573-855-0043.

June 9 & 10 FREE FISHING DAYS – NO LICENSE REQUIRED

Lake of the Ozarks Recreation Area (LORA) will be hosting FREE fishing days. Missouri offers no license required fishing to encourage first time fishers to come out and try fishing for free. For more information call 573-346-5640.

June 10 BOAT OWNERS EDUCATION CLASS

Lake of the Ozarks Recreation Area (LORA) will be hosting a FREE class on boat ownership education. Class will start at 1:00 pm and provide boat and personal watercraft owner's familiarization, safety and problem solving as well as light maintenance on their boats and /or Personal Water Craft (PWC). Reservations must be made one week prior to class dates. For more information call 573-346-5640. Additional dates: September 16/ October 21

June 13 USO SESAME STREET

"Can You Tell Me How to Get to Sesame Street"? Family & MWR and the USO can! Two FREE 40 minute shows will be held, one at 3:00 pm and the other at 6:30 pm located at the Abrams Theater. The show will have 6 of the popular characters, including a new character created especially for the USO...her name is Katie and she is a military child! The show deals with making new friends in new places and is not to be confused with Sesame Street Live. Doors open at 2:30 pm and 6:00 pm. Tickets will be distributed to Active Duty Military members and dependents June 4th & 5th from 10:00 am – 1:00 pm, at the Special Events Office located in Bld. 1000 South Dakota Ave room 110. (No video cameras or strollers allowed/ still cameras will be permitted) For more information call 596-6913.

June 14 237 ARMY BIRTHDAY CELEBRATION

Celebrate the Army's 237 Birthday! Fort Leonard Wood will launch the celebration with a division-style birthday run, beginning at 6:30 a.m. at Gammon Field. The celebration continues with a Birthday Lunch at 11 a.m. at Pershing Community Center. Lunch will include a cake-cutting, and music by the 399th Army Band., cost is \$10 (for tickets call 596-1013). The celebration will conclude with a Streamer Ceremony at 4pm at the MSCoE Plaza followed by retreat. For more information call 596-0148.

June 14 237 ARMY BIRTHDAY GOLF TOURNAMENT

Piney Valley Golf Course is hosting the 237 Army Birthday Tournament, check in at 12:00; with a shot gun start beginning at 1:00 pm.: \$40 for Annual Green Fee Patrons (AGFP) and \$45 for Non-AGFP, cost includes, golf, green fees, cart, & meal. Tournament is open to the public. Register at the Piney Valley Golf Course located on FLW 20, off Water Intake Rd or online at www.fortleonardwoodmwr.com. For more information call 329-4770.

June 15 ALL NIGHT SOFTBALL TOURNAMENT

Davidson Fitness center is hosting the All Night Softball Tournament at sports complex B starting at 6:00pm. Cost is \$125 per team. You must be 18 and older. Registration deadline is 2 days prior to each tournament. For more information call 596-7444. Additional Tournament dates:

July 7 9:00 am - Stars and Stripes Softball
Aug 4 9:00 am - Dog Days of Summer
Sept 7 6:00 pm - All Night Softball

June 15 FREE MOVIE IN THE PARK – AT LORA

Family & MWR invites you to Movie in the Park- at LORA, featuring "We Bought a Zoo". An inspiring family film based on a true story about the magical power of family to persevere in the face of extraordinary challenges. Enjoy the movie with friends and family under the stars! Movie begins at 8:30 pm and will take place at the Fort Leonard Wood Lake of the Ozarks Recreation Area (LORA). Movie is FREE and open to the public. Bring your own blanket and chairs. No pets allowed. No show if rain or high winds. Concessions will be available. For more information call 596-6913.

June 15 – 17 OPEN WATER DIVER COURSE

The Outdoor Adventure Center is hosting an Open Water Diver's Course; this 3-day event where you will learn to scuba dive, taught by a Professional Association of Diving Instructors (PADI) certified instructor. Course will take place in Rolla. Cost is \$650 per person, includes Open Water DVD, personal materials (mask, snorkel, fins, dive boots--\$500 Value), travel, lodging, and food. Register at the Outdoor Adventure Center located in Bldg. 2296 on FLW K Road. Course is open to the public 10 yrs. & older. For more information call 596-4223. Additional dates: July 20 - 22 (Must be registered 3 days prior to course)

June 15 BASS TOURNAMENT

The Lake of the Ozarks Recreation Area (LORA) will be hosting their annual Bass Tournament starting at 7:30 pm; weigh-in is at 1:00 am. Entry fee per boat is \$40 and an optional \$10 fee for Big Bass. Stop by the Outdoor Adventure Center or LORA for entry forms/rules. Open to the public. LORA is located 50 miles NW of Fort Leonard Wood on McCubbins Drive off a Route A. For more information call 573-346-5673.

Tournament Dates: July 13 7:30 pm / Weigh-in: 1:00 am; August 10 7:30 pm / Weigh-in: 1:00 am; Sept 15 7:00 am / Weigh-in: 3:00 pm; October 20 7:00 am / Weigh-in: 3:00 pm

June 16 FMWR NIGHT AT THE RACES: HONORING OUR MILITARY

Family & MWR Night at the Races will be honoring our Soldiers, Families and Retirees at Lebanon 1-44 Speedway. The Central Missouri community is invited to enjoy action packed racing while honoring America's heroes. Gates open at 5:00 pm and the races start at 7:00 pm. Open to the public FREE for Military ID Card Holders. For more information and non-military pricing please contact I44 Speedway at 417-532-2060.

June 17 FATHER'S DAY SPECIALS

REC PLEX - Bring dad to test his racing skills for FREE! (1 race per father) Special during regular hours of operation. 596-0843.

DAUGERTY BOWLING CENTER - Father's Day bowling day 7:00 pm – 9:00 pm. 2 hours of bowling fun with music and laser lights. \$40 per family, up to 6 persons per lane, includes 1 large single topping pizza and 4 small sodas. 596-1498/329-2477

LORA - the first 50 fathers will receive a FREE dozen worms. 573-346-5673.

June 19 NEWCOMER'S ORIENTATION

Are you new in town? Or just want to know more about what Fort Leonard Wood and the surrounding community have to offer? Join us at the Pershing Community Center for the Newcomer's Orientation from 8:30 am-11:30 am. Enjoy FREE refreshments, drawings for prizes and get great information about Fort Leonard Wood and the surrounding community. Pershing Community Center is located in Bldg 4109 Piney Hills Dr. FREE Child Care is offered for Newcomers Orientation at the Child Development Center (CDC) but space is limited so make your reservations early. Child Care reservations may be made up to 30 days in advance of the scheduled orientation by calling the Child Development Center (CDC) at 596-0197/0210..For more information call 596-0212.

June 22 AIT, PLT & DRILL SERGEANT (SGT) SPOUSE SEMINAR

Join other spouses for a day of fun, friendship, and understanding at the AIT, PLT & Drill Sergeant Spouse Seminar. Enter basic training - a hands-on interactive walk through a day in the life of a trainee. Child care will be available (contact Army Community Service at 596-1481. Child must be registered with Child, Youth & School Services). Seminar will be held at ACS, Bldg 486 Replacement Ave from 8:30 am - 3:00 pm. Seminar is FREE and open to all Military ID card holders and must register by June 20. For more information call 596-1481/0212. Additional Dates: September 21, 8:30 AM – 3:00 PM, ACS. Reserve by September 7, 8:30 AM – 3:00 PM, ACS. Reserve by December 5.

June 23 GO-KART TEAM CHALLENGE

Start your engines! Family & MWR is hosting the first ever REC PLEX Go- kart team challenge. Teams of 4 will race to the finish. Time is 9am, cost is \$10 per person ages 13 and older. Prizes will be awarded to the first and second place teams as well as fastest individual time! Preregistration is required. For more information and rules call 596-0843.

June 30 ARMY TEN MILER TRIALS

Ready, Set, GO!! Attention all Active Duty service members, come out and qualify during the time trials for the Fort Leonard Wood Army Ten Miler Team. The team will consist of Active Duty Service members from Fort Leonard Wood. The fastest 6 runners will be part of the FLW Team in the Active Duty Mixed (men and women) category. The team will fly to Washington D.C. to compete in this year's Army Ten Miler – entry fee, airline ticket, hotel room and per diem will be paid for by DFMWR. Trials are FREE. For more information call 596-7444.

Event Dates (Registration deadline - morning of each event):

July 286:00 amMickey Zaun Troop TrailAugust 286:00 amMickey Zaun Troop Trail

June 30 3D ARCHERY TOURNAMENT

The Outdoor Adventure Center is hosting their annual Archery Tournament from 10:30 am – 4:00 pm. Tournament will be a normal 3D shoot, a great opportunity to test your capabilities in judging yardage and shot placement. Registration will begin at 10:00 am. Cost is \$10 adults / \$5 youth, enter to win a free bow! Outdoor Adventure Center is located in Bldg. 2290 FLW K. For more information call 596-4223. Additional Dates: July 14 / August 25 / September 8 & 22

July 4 STARS & STRIPES 5K/10K RUN

Kick off your Independence Day weekend with a run at the Stars & Stripes 5K/10K Fun Run. The 10K begins at 6:00 am and the 5K at 8:00 am. Both runs start at Sports Complex B. Cost is \$10 per person. Run is open to the public. Register at the Davidson Fitness Center or call 596-7444.

July 4 RED. WHITE, & BLUE GOLF TOURNAMENT

The Piney Valley Golf Course is hosting a Red, White & Blue Golf Tournament in celebration of Independence Day; shot gun beginning at 9:00 am with breakfast served at 8:30. Tournament is a two person scramble, teams will tee off of red tees, white tees, and blue tees. Each set of tees will be using different formats. If sufficient teams enter different flights will be made to score. Cost to join is \$30 for Annual Green Fee Patrons (AGFP) \$35 for non-AGFP; cost includes golf, green fees, cart, breakfast & gift certificates. Event is open to the public.

For more information call 329-4770.

July 4 MWR INDEPENDENCE DAY CELEBRATION

The Family & MWR and Fort Leonard Wood invites you to join us for our Annual MWR Independence Day Celebration beginning at 3:00 pm at the Gammon Field. Celebrate our Independence with various games and activities for the entire family to include military vehicle displays, horse shoes tournament, interactive games, watermelon eating/seed spitting contest, car show and more and check out performances from, the 399th Army Rock Band "The Woodchucks" and Trixie Delight. The Salute to the Union will begin at 7:00 pm, followed by the U.S. Army Soldier Show at 7:30 pm with the area's largest fireworks display after the completion of the Soldier Show. Concessions from various vendors and a variety of booths will be available. So come out; bring your lawn chairs and/or blanket and enjoy a fun and Event is FREE and open to the public*. For more information call 596-6913. *No outside food or beverage. No pets or coolers.

July 4 4th OF JULY CAR SHOW

Check out the great rides at Family & MWR 4th of July Car Show held at the Gammon Field from 12:00 pm – 7:00 pm. Car show is FREE and open to the public. Stay for a FREE concert, fireworks, games & activities for the entire family. For more information call 596-0243.

July 4 U.S. ARMY SOLDIER SHOW

Step right up to the best show in town, Family and MWR present the 2012 U.S. Army Soldier Show. The entertainment for the Soldiers by the Soldiers is back once again to entertain our Soldiers and families on July 4th. The 90-minute song-and-dance production is designed to accentuate the strengths and resiliency of Soldiers and military Families through modern songs, current hits, vibrant costuming, exciting choreography and spectacular visuals. The theme this year mirror's the Chief of Staff's motto which is, "The strength of our Army is our Soldiers, the strength of our Soldiers is our Families, and that's what makes us Army Strong." The show is designed to follow that theme, and to highlight the strength aspect all the way through. The *U. S Army Soldier* Show will take place at *Gammon Field* at 7:30 pm. Show is FREE and open to the public followed by the area's largest fireworks display. For more information call 596-6913.

ONGOING:

CYS SERVICES- THE "I'mAlone" PROGRAM

CYS Services offers *l'mAlone*, a FREE program to help prepare youth to stay home alone. Youth will learn to increase personal safety skills, demonstrate responsibility and other positive character traits, recognize and handle emergencies, identify a Family & Friend Support System, prepare nutritious snacks, and practice good decision making. Workshop is held every 3rd Saturday at School Age Services, for youth ages 11 to 18yrs and parents. A \$20 deposit is required and will be fully refunded upon completion of the program. Call Parent & Outreach Services for workshop dates and times 596-0238.

SKIESUNLIMITED INSTRUCTORS NEEDED

The CYS Services SKIESUnlimited program is seeking a public or private firm(s) interested in conducting instruction in the following areas: Tae Kwon Do, Kung Fu San Soo, baby signing, academic tutoring, cooking, driver's education, dance and tennis. If you are interested in exploring this opportunity, please contact Ms. Sheryl Johnson, Family and Morale, Welfare and Recreation Command, at (703) 696-7055.

YOUTH SPORTS COACH

Make a difference in the life of a child and be a youth sports coach for the following sports:

Spring Soccer – March to May

Flag Football – Aug to Oct

Baseball/Softball – May to July
Fall Soccer – Aug to Oct

Basketball – Nov to Feb Cheerleading – Aug to Oct / Nov to Feb

Track & Field - March to May

For more information call the CYS Services Youth Sports and Fitness office 596-0209.

HIGH SCHOOL LOUNGE PIPPIN YOUTH CENTER

596-0209 596-0209 Grades 9-12 Grades 6-8

Open: Mon-Thurs. - 2:30 pm-7:00 pm Open: Mon-Fri - 2:30 pm-7:00 pm

Fri - 2:30 pm-9:00 pm / Sat - Noon-10:00 pm Sat - 12:00 pm-10:00 pm

Computer Lab – Open OPEN REC
Non school weekdays open at noon except holidays. Computer/Homework Lab

YOUTH TECHNOLOGY LAB

The Youth Technology Lab is available for children grades 1 – 12 to utilize for homework, computer access, technology based programming. The lab is available and FREE to all children registered with Fort Leonard Wood Child, Youth & School Services, to utilize before and after school and during open recreation hours. For more information call 596-7494.

AUTO CRAFT SHOP

596-0243

NOW OPEN 7 DAYS A WEEK

Mon - Fri 11:00 am-7:00 pm Sat & Sun 10:00 am-6:00 pm

Avoid the high cost of car repairs and have your vehicle serviced at the on-post FMWR Auto Crafts Shop. Fort Leonard Wood Auto Crafts has a do-it-yourself hobby shop that provides patrons the opportunity to work on their own vehicle to avoid costly repair bills and offers professional repair services for those individuals who would rather receive professional assistance.

The Auto Craft Shop offers: 4 flat car bays, 5 lift car bays, 1 motorcycle bay, 1 flat motorcycle bay, designated for specific automotive repairs and maintenance related activities. The Auto Craft Shop also has a computerized and manual information center, safety equipment (including eye and ear protection, OSHA eye wash areas), basic car care classes, on site car repair and Missouri state inspections. Technicians are available to answer questions and make repairs with full service appointments. The Auto Shop is also home to a Resale Lot with 24h hour access, a vehicle storage lot, and a coin operated car wash.

MWR ARTS & CRAFTS FRAME SHOP

596-0242 / Custom and self help framing/engraving Mon-Fri 10:00 am-6:00 pm / Sat & Sun – CLOSED

FRAME CLASS

The Frame Shop offers a one-on-one class. Learn to mat, mount, and secure your artwork in a frame. Students are introduced to frame shop equipment and safety procedures. You will also learn to choose the right mat color, determine margins, cover frame joinery, mounting techniques, and frame closures. Cost for class is \$20 plus supplies, includes safety gear and frame shop card that allows you to access the self-help area. Must be 18 yrs. and older to participate. Must bring in your project you wish to frame on your appointment. Class is open to the public. Frame shop is located in Bldg. 490 Mini Mall. For more information call 596-0242.

ENGRAVING

The Frame Shop now offers engraving. Let the Frame Shop capture your memories and expressions. You can engrave on wood, plastic, glass, acrylic, mat board, pens, metals, and more. This is great for gifts, awards, promotion, birthdays, and weddings! For more information call 596-0242

SILENT AUCTION

The Arts & Crafts Frame Shop will be hosting a silent auction every month. View our art on facebook or stop by the Arts & Crafts Frame Shop. Submit your silent bid to win one of the wonderful pieces of artwork! For more information call 596-0242.

INFORMATION TICKETING AND REGISTRATION (ITR)

Monday - Friday 8:00 am–5:00 pm Local & National Discount Tickets / Cruises / Book Flights PX Mini Mall Bldg. 490, (573) 329-TKTS Buy tickets online at www.mwrtickets.com The Information, Ticketing and Registration Office (ITR) sells discounted tickets for local and national attractions. Authorized users include active and retired military and their families, Reserves/National Guard, civilian employees and contractor personnel working on Fort Leonard Wood. Hours of operations are Monday-Friday 8:30 am-5:00 pm. Buy tickets online at www.mwrtickets.com. For more information call 329-TKTS (8587).

ITR OFFICE OFFERS B&B THEATER GIFT CARDS

B & B Theatre Gift Cards only \$25 (\$30 value). These Gift Cards make great gift and are good for any show, any time, even "NO PASS" Special Engagements, 3D and Concessions. NO EXPIRATION DATE!

FREE FAMILY MOVIE NIGHTS

Family and MWR offers *FREE family movie night - Fridays at 6:00 pm / Saturday at 11:30 am – Abrams Theater. *FREE movie nights are open to the Fort Leonard Wood community. For more information or schedule call 596-1267.

*The FREE movie program is in keeping with the Army Family Covenant's promise of taking care of Soldiers and Families. FREE movie are paid for with Recycle Dollars.

Movies can be found online at www.shopmyexchange.com/ReelTimeTheatres/Movies-FtLeonardWood.htm

REC PLEX

Rec Plex offers an 18-hole Miniature Golf Course, an outdoor pool complete with slide and a spray park, and go kart. The pool house also offers party rooms for your birthday, Organizational, and Unit parties. For more information call 596-0843.

MINI GOLF/GO KART

| Spring (Apr 14-Memorial Day) 30) | Summer | Late Fall (Sep 4- |
|----------------------------------|----------------------|-------------------|
| Thur-Fri 4pm-7pm 7pm | Daily - 12pm-9pm | Thur-Fri 4pm- |
| Sat-Sun 12pm-7pm 7pm | Labor Day - 12pm-7pm | Sat-Sun 12pm- |

LIEBER & WALLACE POOLS

OPEN Memorial Day Weekend.

WALLACE LIEBER
Daily - 12pm-7pm Wed-Sun - 12pm-7pm

For pool Party information, visit us online at www.fortleonardwoodmwr.com/sports_pools.php

DAVIDSON FITNESS CENTER

FITNESS CLASSES

Davidson Fitness Center and/or Specker Gym offer a variety of aerobic classes monthly at various times at to fit your fitness level and your busy schedule. Classes include but not limited to Zumba, Step, Body Blast, Yoga and more. Classes are open to authorized patrons and are \$2/class or Aerobic Punch Passes are available, cost \$15-10 punch, \$25-20 punch, and \$30-30 punch. Class schedule is available online at www.fortleonardwoodmwr.com. Class schedule subject to change.

FREE CHILD CARE AT DFC

Family & MWR knows your family comes first and that shouldn't mean your fitness has to come last. Davidson Fitness Center is offering a place for your child (ren) can play while you achieve your fitness goals. An "Insight Child Care Area" is available Mon-Fri 8am-11am. An enclosed a play area will entertain your child while you exercise - no attendant is on hand - child MUST be in the parent/guardian's line of sight at all times.

EQUIPMENT ORIENTATION

Make the most of your workouts; learn how to properly use the cardio and strength equipment. Free 30-minute equipment orientations will be held at the Davidson Fitness Center and Specker Gym Monday at 9:00 am and Thursday at 6:00 pm. For more information call 596-4359.

Davidson Fitness Center Indoor Lap Swimming Military Training Pool:

Monday - Friday - 6:30 am - 7:30 am / 11:30 am - 12:30 pm / 4:30 pm - 8:00 pm

SWIM LESSONS

Swim lessons are being offered at Davidson Fitness Center for children ages 6 months through adult. Children must be registered with CYS Services. For more information on levels and schedule call 596-2810.

<u>Level 1</u>: Parent/child class: Water exploration roles for helping child learn and practice skills. Scooping, blowing bubbles, and bobbing. Combined skills in prone position, and water entry will be covered. Ages 6 months thru 4 yrs.

<u>Level 2</u>: Participants must be 5 yrs old by start of lesson and independent from parents. Skills taught include floating, supported on front and back; bubble blowing, supported kick on front and back; basic water safety rules.

<u>Level 3</u>: Skills that will be taught include retrieve objects (chest deep), deep water orientation unsupported prone float; unsupported back float; flutter kick on front and back, back crawl arm action and water safety rules.

BONANZA BINGO (24 number bingo)

Single Player Hand Held Device can be played at the Daugherty Bowling Center and Blackjack Bar & Grill. Payouts under \$500 paid out directly to customer. Ask Staff for details!

BLACKJACK BAR & GRILL

Blackjack Bar and Grill Hours of Operation:

Tuesday 4:30 pm - 10:00 pm Wednesday 4:30 pm - 11:00 pm Thursday 4:30 pm - 10:00 pm Friday 4:30 pm-1:30 am / Saturday 6:00 pm-1:30 am

BLACKJACK HAPPY HOUR Tuesday-Friday 5:00 pm - 7:00 pm and Saturday 6:00 pm - 8:00 pm \$1.25 draft domestic beer, \$5 Pitcher. Also receive 25% off nightly food special (prices reflect discount).

<u>KARAOKE WEDNESDAYS</u> Mid Missouri Entertainment from 7:00 pm. FREE admission will be offered to all authorized patrons. For more information call 329-2455.

<u>DOMINOES & CARDS</u> Blackjack Bar & Grill and Morelli Heights have dominoes & cards available for you at the bar. Just ask your server or bartender for them, enjoy your game and return when done.

<u>CIGAR BAR</u> Beginning in April Blackjack Bar & Grill will be selling premium quality cigars at the lounge to be enjoyed on our comfortable patio bar area. Every Friday Black Jack Lounge will feature "Cigar of the Month "chosen by management, which will include one shot of brandy for \$10. (Must be 21 & older to drink and 18 & older to smoke) For more information call 329-2455.

MORALE CALL 1st Thursday of every month Blackjack Bar & Grill opens at 5:00 pm. Happy hours from 5:00 pm.7:00 pm. FREE appetizers!

<u>BLACKJACK LUNCH</u> Serving Monday-Friday from 11:00 am-1:00 pm. Enjoy a relaxing lunch in an enjoyable environment. Open to the public.

Daily Specials*:

Monday: Shrimp Po' Boy, served with an Asian inspired sweet & sour sauce with a side of slaw - \$7.50 Tuesday: BJ Signature Fried Chicken, served with mashed potatoes, gravy, veggie & hot biscuit - \$6.75 Wednesday: Steak Sandwich with regular fries or seasoned fries - \$7.50

Thursday: Rack 'em up Ribs, served with fries, slaw, combread - \$9.75 Friday: Pub style Fish & Chips, served with steak-cut fries - \$7.50

Soup Du Jour* -- cup - \$2.00 / Bowl -- \$4.00 / Bread Bowls -- \$6.00

Monday – Loaded Baked Potato Tuesday – Hearty Ham & Bean Wednesday – Erica's Goulash Thursday – Chicken Bowtie Friday – Creamy Clam Chowder

We also have other selections available in our menu*. *Menu & prices are subject to change without notice.

MORELLI HEIGHTS BAR & GRILL

Happy Hour Tues.-Thurs. 5:00 pm-7:00 pm / Fri.-Sat. 5:00 pm-10:00 pm

\$1.25 draft domestic beer, \$5 pitcher. Also receive 25% off nightly food special (prices reflect discount).

PINEY VALLEY GOLF COURSE

The Piney Valley Golf Course offers a par 72 - 18 holes course that runs through a beautiful valley along the Big Piney River. It also features a driving range, putting green, chipping area, pro shop, snack bar and golf lessons. Piney Valley also offers daily specials. Piney Valley Golf Course is located on FLW 26, off Water Intake Rd. For more information or tee time call 329-4770.

Hours of operation: Piney Valley Golf Course is open Presidents Day thru November 30. Course is CLOSED from December 1 – February 17.

PVGC Greens:

Monday 10:00 am - Dusk /Tuesday - Sunday 7:00 am - Dusk

PVGC Pro Shop:

Monday: 10:00 am - Dusk / Tuesday - Sunday: 8:00 am - 6:00 pm

PVGC Sandwedge Eatery:

Monday 10:00 am - 3:00 pm /Tuesday - Sunday 8:00 am - 3:00 pm

*Limited menu after 3:00 pm



June 2012 Family & MWR Calendar

www.fortleonardwoodmwr.com

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|---|---|---|--|--|
| Follow us | flickr | | | | I HIRED' App I'mg 0900 CYSS | 20pen Rec 1200 SAS Photography Class FS |
| 3 Water Slaving at LORA OAC | 4 SAS Summer Camp We-2 Youth Golf Session 1 TS 'To M S&T Youth Soccer Camp 'To EDGE Golf PVGC EDGE' Scuba Snorkeling CTSS GAC Painting Outside FS | 5 Mini Flag Football begins 15 EDGE Gulf PTGC HIRED' App I mg 9900 CTSS EDGE' Scuba Snorkeling CTSS OAC CC Trap Reg Due OAC | 6 Jr. Climic PIGC EDGE Golf PIGC EDGE: Scuba Snorkaling CISS OAC | 7 EDGE Golf PTGC Inwa Golf PTGC Morale Call BIBG 1700 EDGE' Scuba Snorkeling CTSS OAC | 3 Commander's Scramble PFGC EDGE' Scuba Snorkeling CFSS OAC CC Trap Tourney OAC Movie at the Park 2030 Caput | 9 Kid's Carfish Derby OAC Rec Plax Challenge Missouri FREE Fishing Days LORA Car Show 1700 PCC |
| 10 Father's Day Special Rec Plex | 11 CC Soccer tourney DFC SAS Summer Camp ITk-3 HIRED' Approvinceship Starts 090% CTSS | L' Sensor Tony Pl'GC | 13 Jr Clinic PVGC | It Fing Day Bonting IBC Army Bilay Lunch 1160 PCC Army Bilay Golf Tourney 1300 PVGC Intra Golf PVGC | 15 Scubo Diving Cert OAC Movie at the Lake LORA All Night Softball DFC Buts Towner 1930 LORA CDC Special Opening 1860-2200 | 16 Scuba Drving Cert OAC Bowling league Sign-up begins Pamiball Challenge OAC Open Rec 1200 3A5 Father's Day 1890 1 00 PCC |
| 17 Father's Day Father's Day Xireme Bowling DBC Water Skinng at LORA OAC Father's Day Special LORA Scuba Diving Cort OAC | 18 SAS Summer Camp Wit-4 Chemical Townsy PTGC EDGE' Scuba Snorkeling CTSS OAC | 19 ACS-Newcomers Omeniation 0830 PCC' EDGE' Scuba Snorkeling CTSS OAC | 20 Jr. Cinne PVGC EDGE: Scuba Snorkeling CISS OAC | 21 Intra Golf PVGC EDGE' Scuba Snorkeling CYSS O.I.C | 22 DDS Seminar ACS Rotary Club Tourney PI'GC EDGE! Scuba Snorkeling CTSS -OAC | 23 Go Karr Team Challenge Rec Plax Archery 3D Shoot OAC |
| 24 | M Softball Intra begins DFC SAS Summer Camp Wk-5 | 26 Senior Tour Pl'GC | 27 TCC Golf PTGC | 28 Women's Softball Intra begins DFC Jr Clinic Tourney PTGC CC Golf PTGC | 19 | 30 Army Ten Miler Time Irial DFC |



ARMY COMMUNITY SERVICE (ACS) POC: LYNN MORGAN, 596-0212

The Fort Leonard Wood ACS is fully accredited and provides numerous supportive, informational, educational, and networking opportunities. All activities are held at Building 486, the ACS Center unless otherwise indicated. ACS will reimburse childcare expenses incurred for class participation. Parents are responsible for making reservations and ensuring their children are registered at Child, Youth and School Services (CYSS) 596-0238.

FAMILY ADVOCACY PROGRAM

For more information or to register for the below mentioned Family Advocacy Classes please call Debra at 596-0212 or e-mail debra.l.ward14.civ@mail.mil.

<u>PARENTING FROM THE HEART:</u> This is a six-week parenting class held <u>Mondays</u> at ACS beginning 2 Jul 12. Explore different parenting styles; learn age appropriate discipline strategies and effective communication techniques.

<u>BUNDLES OF JOY:</u> A six-week class for new and expecting parents. Topics include; Bonding, Swaddling, Child Proofing, and Budgeting for the New Addition. The next session starts **9 Jul 12, 1330-1530.**

ANGER MANAGEMENT: This is a six week class that focuses on understanding the dynamics of anger while learning anger management techniques. The next session starts 11 Jul 12, 1130-1300.

<u>COUPLES IN ARMS:</u> ACS is offering a five-week couples workshop. Topics include: *Talk Without Fighting, Support Your Relationship,* and *Build a Relationship That Lasts.* Childcare is available. The next session begins 10 Jul 12, 1800-2000.

<u>FAMILY VIOLENCE PREVENTION CLASSES</u> are available for Family Readiness Groups. Topics include: Identifying and Reporting Suspected Abuse, Preventing and Responding to Family Abuse (spouse, intimate partner, child), and Stress and Anger Management.

THE 7 HABITS OF A 24/7 DAD: Lunchtime workshop 21-24 May, 1130-1300. What kind of dad do you want to be? Identify the role you want to play in the lives of your children.

"SCREAM FREE PARENTING" WITH HAL EDWARD RUNKEL, Licensed Marriage and Family Therapist (LMFT): The Five Truths Every Parent Needs to Know. Wednesday, 27 Jun 12 1730-1930 or Thursday, 28 Jun 12 0900-1030. Location-Main Post Chapel 608 Constitution Ave.

<u>PLAY MORNING:</u> Held every Monday morning except holidays from 1000-1100 in the gym at Pippin Youth Center on Young Street. Children between the ages of newborn and five years are eligible. Parents and children interact with each other as well as other children and their parents.

<u>BRIGHT START (PLAY GROUP):</u> Every Tuesday and Thursday morning from 1000-1100 at Army Community Service, Bldg 486. Children between the ages of newborn and three years are eligible. The children will enjoy hands on activities and interaction with other children.

EXCEPTIONAL FAMILY MEMBER PROGRAM For more information or to register for the following Exceptional Family Member Program Groups or Classes please call 596-0212 or e-mail cynthia.k.holloway.civ@mail.mil .

EFMP OPEN RECREATION - For Families with a child on EFMP to come and enjoy different recreation activities in a non-traditional environment - 1st Saturday of the month, 1000-1200, Bldg 486.

<u>AUTISM SUPPORT GROUP</u> - For Families with members who have autism -1730-1930, BLDG 486. Next monthly meeting to be scheduled.

<u>100# SUPPORT GROUP</u> - For people who have had or are contemplating bariatric surgery. On temporary hold by facilitator

<u>MUSIC GROUP FOR CHILDREN WITH AUTISM</u> - weekly event for children/parents to learn social and communication skills through music. Occurs every **Thursday**, 1730, **Bldg 486**.

<u>DOWN SYNDROME SUPPORT RECREATION GROUP</u> - For Families with member who have Down Syndrome - 2nd Saturday of the month, 1000-1200, BLDG 486

EFMP RECREATIONAL THERAPY - 2 classes of special needs gymnastics/yoga and twice-monthly community recreation opportunities for the whole Family of an identified EFM.

<u>employment readiness program for more information on classes being offered, please email or call Karen Hall to reserve your seat at karen.s.hall2.civ@mail.mil or phone 573-596-0212.</u>

EMPLOYMENT READINESS CLASSES are offered to Family Members of active duty, retired military and Family Members of DOD civilian employees. If you are new to the area, and looking for something to pass your time, or seeking employment to bring in a second income; why not get a head start by attending a special workshop just for you?

INTERVIEWING SKILLS & DRESS FOR SUCCESS: This is a combined class and it will instruct participants on how to dress for the initial interview in order to get the job they want and the 'do' and 'don'ts" on dressing properly in the work place.: This session offers participants the opportunity to experience an interview, strengths and weaknesses will be discussed and how the participants can get the most out of the interview. This session will be held on Thursday 3 May 12 from 0900 – 1100.

RESUME WRITING: Participants will have the opportunity to learn how to create a simple resume in the correct format and to identify the important key skills that will help them get into the job market. The next class will be on **Thursday 17 May 12 from 0900-1200.**

THE FEDERAL RESUME: Participants will have the opportunity to learn how to create a Federal Resume in the correct format and how to navigate usajobs.gov. This is the first class given in preparation for the new procedures on how to submit a Federal Resume. This class will be open to Military Spouses and Family Members. Class will be held on Thursday 31 May 12 from 0900-1200.

<u>RESUME WRITING:</u> Participants will have the opportunity to learn how to create a simple resume in the correct format and to identify the important key skills that will help them get into the job market. The next class will be on Thursday 14 Jun 12 from 0900-1100.

<u>INTERVIEWING TECHNIQUES:</u> This session offers participants the opportunity to discuss interview strengths and weaknesses with the instructor and learn what to expect during an interview session; this class will be held on Thursday 21 Jun 12 from 0900-1100.

RESUME WRITING: Participants will have the opportunity to learn how to create a simple resume in the correct format and to identify the important key skills that will help them get into the job market. The next class will be on **Thursday 28 Jun 12 from 0900-1200.**

<u>RELOCATION READINESS PROGRAM Please contact Carol Patton at 596-0212</u> or carol.a.patton4.civ@mail.mil for more information.

<u>NEWCOMER'S ORIENTATION</u>: Newcomer's provides information about the post and surrounding area on the 3rd Tuesday of every month. Join us on **19 Jun 12** for Newcomer's Orientation at Pershing Community Center, **0830-1230**. Spouses are highly encouraged to attend. Free childcare is available. Please call 596-0212 for childcare information and further details.

<u>COUNTRY SPECIFIC OVERSEAS ORIENTATIONS</u>: Going overseas? ACS now offers weekly Country Specific Orientations for Alaska, Germany, Korea, and Hawaii. Please call for further details.

<u>TOUR DE FORT:</u> Provides an informational tour of Fort Leonard Wood. Reservations can be made by calling the Relocation Readiness Office.

<u>INDIVIDUAL PCS PLANNING:</u> One-on-one consultation for anyone needing assistance planning their move. Receive information on housing, budgeting, jobs, finance, moving with children, general moving preparation, and many other moving related topics.

<u>FOREIGN BORN SPOUSE SUPPORT:</u> Whether your question concerns immigration and naturalization or learning the English language, the Relocation Readiness Office provides assistance.

<u>SPONSORSHIP TRAINING:</u> Sponsorship training is offered to units upon request. A good sponsor can make the difference between smooth transitions and bad experiences.

HEARTS APART PROGRAM: Offers support for waiting Families by linking Family members and children with other Families who are left behind due to the sponsor's mission requirements. Spouses have the opportunity to informally meet others in the same situation, share information and fun activities with each other, learn from experts on a wide range of topics how to more easily manage the time apart and cope with stress.

OVERSEAS ORIENTATION: Mandatory for AIT Service Members prior to clearing Fort Leonard Wood for Permanent Change of Station overseas. Speakers provide beneficial knowledge on necessary topics to decrease difficulties in adjusting to the overseas relocation. Upon completion of orientation all AIT Service Members are provided an AG Overseas Orientation Clearance form, FLW Form 1493. Service Members are required to have this form prior to clearing Fort Leonard Wood for Permanent Change of Station overseas. Overseas Orientations are every Thursday and can be scheduled by contacting the Relocation Readiness Office, 596-0212. AIT units should schedule an orientation no later than three weeks prior to graduation to preclude scheduling conflicts.

<u>WELCOME PACKETS:</u> We provide packets for any installation requested. Welcome Packets provide information about the installation along with important contact numbers.

<u>LOAN CLOSET</u>: For Soldiers with Family Members on PCS orders, basic household items are available to borrow while you are in transition. Typical items include pots and pans, dishes, silverware, irons, ironing boards, sleeping pads, port-a-cribs, high chairs, and infant/toddler car seats.

FINANCIAL READINESS PROGRAM

Please call 596-0212 to register for the following classes, to schedule an appointment with a financial counselor, or if you would like more information please ask for Jerry Patton or e-mail jerry.l.patton.civ@mail.mil.

BUDGET AND BANK ACCOUNT MANAGEMENT: Designed for those interested in managing their finances in a more proactive way. Learn how to prepare and follow a monthly budget, develop a spending plan, manage a checking or debit card account, see how to handle basic debt and credit considerations, and participate in hands-on practices and scenarios. All classes are 1130-1330 in Bldg 486. The next classes will be held on 5 Jun 12 and 3 Jul 12.

MONEY & THE MOVE: Learn ways to plan and prepare to be financially ready for your PCS move. Information on developing spending plans, entitlements, travel costs, weight allowances, movers, etc. are all included in this presentation. All classes are held from 0830-0930, Bldg 486. The next classes will be held on 6 Jun 12 and 11 Jul 12.

FIRST TERMER'S FINANCIAL READINESS COURSE: An experiential presentation about all aspects of money management including spending plans, credit/debt management, online banking, basic investing, and many other financial topics. First Termer's is a mandatory class for E-1 through E-4 upon entry into the Armed Services IAW AR 600-20 and AR 608-1. All classes are 0730-1600, Bldg 486. The next classes will be held on 12 Jun 12 and 10 Jul 12.

CREDIT AND DEBT MANAGEMENT/ CONSUMER AFFAIRS: Everything you want and need to know about credit management, debt reduction, credit reports, credit scores, and how to use credit. Consumer Affairs update is provided. All classes are 1130-1230, Bldg 486. The next class will be held 19 Jun 12 and 17 Jul 12.

<u>SAVING AND INVESTING:</u> Designed for those interested in consistent saving and ways to invest their finances. Discussions about TSP, IRA's, saving plans, and other methods. The next classes will be held 1130-1300, Bldg 486, 26 Jun 12 and 24 Jul 12.

<u>CAR BUYING:</u> A class for those who are planning to buy a car, used or new. What to look for in price comparisons, CARFAX, negotiating, paying sales tax in Missouri, warranties, etc. The next class will be held at 1400-1500, Bldg 486, 12 Jun 12 and 10 Jul 12.

HOME BUYING ISSUES: For those thinking about buying a home, what to look for and ask for from prices, market trends, negotiations, inspections, warranties, foreclosures and bank properties, to moving day and beyond. Contact ACS at 596-0212 for reservations or information.

<u>SOLDIER and FAMILY ASSISTANCE CENTER</u>: Please contact Jan Harris at 563-6072 or peggy.j.harris.civ@mail.mil for more information or assistance.

The Soldier and Family Assistance Center (SFAC) sponsors mutual support, a welcoming environment, and healing, for Warriors in Transition (WTs) and their Families by providing the best social, financial, educational, personal, and pastoral services available. Efforts are aimed at fostering dignity and independence, enabling the WTs in their transition back to duty or to service as a vital member of the community. Art Classes are offered **first and third Thursdays at 1400** at the Piney Estates Community Center.

ARMY FAMILY TEAM BUILDING (AFTB) PROGRAM: Level I courses provide training on basic military concepts, introduction into Family Readiness Groups, financial readiness, problem solving, and much more! Level II expands on the skills developed from Level I training to include how to manage deployment stress, communicate effectively, and develop personal skills that will make you an asset to any organization. Level III focuses on professional growth, identifying strengths and weaknesses, and building on the positive attributes that will make you an effective leader. The ACS/AFTB ITC course is the first pathway of professional development offered by ACS. Command Spouse and Drill Sergeant Spouse Seminars are designed to assist Army Spouses with the challenging role of an Army Spouse.

 Level I
 5 Jun 12, 0830-1630, ACS, Building 486

 Level II
 12-14 Jun 12, 0830-1500, Truman Ed Center

 Level III
 19-21 Jun 12, 1730-2130, Truman Ed Center, 29

Command Spouse Seminar 19-20 Jul 12, 0900-1500, USO

ARMY FAMILY ACTION PLAN (AFAP): Is a process which allows Service members, Retirees, Civilians, and Family members to say what's working and what is not. AFAP is your opportunity to improve the well being of the local and global military community. Watch for the next AFAP conference in October 2012. Issues are accepted all year long through www.myARMYONESOURCE.com. Issue forms are also available at the AFAP office or email debra.a.griffin.civ@mail.mil. How can you be involved? Call 596-1481 to find out!

AFAP Non Governing Advisory Council 25 Jul 12, 1300-1430, ACS

MOBILIZATION AND DEPLOYMENT SUPPORT: Offers support and assistance to Service members, Civilians, and their Families throughout the deployment cycle.

 FAMILY READINESS GROUP LEADER TRAINING: Family Readiness Group Leader training will be conducted at the Melvin Carnahan Army Community Service Center on the dates listed below. The training will cover FRG basics as well as regulations, communication, key callers, managing funds, volunteers, etc. If you are a new FRG Leader or feel as if you need a refresher course, please call 596-0212 to sign-up.

19 Jun 12, 0900-1500, ACS Bldg 486 17 Jul 12, 0900-1500, ACS Bldg 486 14 Aug 12, 0900-1500, ACS Bldg 486

RESILIENCY TRAINING: Course is designed to develop critical thinking, knowledge, and skills to
overcome challenges, mature, and bounce back from adversity. Develop the ability to see that:
Challenges are temporary – not permanent; Challenges are local - not global; Challenges can be
changed by your own effort - you're not a helpless victim. The next Resiliency Training will be held
at Army Community Service, Bldg 486 on the dates listed below.

29-31 May 12, 0830-1500, ACS Bldg 486 11-13 Jun 12, 0900-1530, ACS Bldg 486

- CARE TEAM TRAINING: Care Team training will be conducted on 24 Jul 12, 0900-1200. The training will cover Care Team roles and responsibilities and understanding grief.
- REAR DETACHMENT COMMANDER TRAINING: This training focuses on Family readiness, specifically the leadership role and issues involved in taking care of Families in different circumstances. The next training will be held on 10 Jul 12, 0900-1200 at ACS.

ARMY VOLUNTEER CORPS PROGRAM: The Army Volunteer Corps promotes and strengthens volunteerism by uniting community volunteer efforts and supporting professional management. It is an umbrella that encompasses a multitude of organizations that support our military community. Volunteers share the purpose of improving the quality of life for our Service members, Families, and Civilians. For more information please contact Rhonda Hutsell at rhonda.l.hutsell.civ@mail.mil

Volunteer Information Management System (VMIS) training is conducted on the **first Thursday of each** month at the Clarke Library, from 0800 to 0930. Volunteers and volunteer supervisors will learn how to be an active user, how the VMIS system works, understand the volunteer's responsibility, know what to do when applying for positions and know how to manage and track volunteer activities.

SURVIVOR OUTREACH SERVICE PROGRAM: The intent of this comprehensive program is to ensure continued support as needed and desired by eligible Family members for the duration of their immediate and long term care requirements in the following areas: Army benefits, financial counseling, grief counseling and support services, estate planning, will preparation, probate planning, assistance in the preparation of estate related tax documents, and life skills education. We continuously strive to provide the highest quality of services to our Surviving Family members of fallen Warriors. As such, we want to provide information on the SOS program in your area. We stand ready to serve you and answer your questions. Please contact Jodeen Carmack or Mark Dunlop at jodeen.l.carmack.civ@mail.mil or mark.j.dunlop2.civ@mail.mil.

MILITARY & FAMILY LIFE CONSULTANT (MFLC) PROGRAM: This is a DOD program offering immediate support and short term situational problem solving counseling. Consultants address deployment/ mobilization and reintegration issues that affect Service members and their Families. They also address any other issues that include stress management, coping skills, relationship problems, parent/child concerns, conflict resolution, communication, and loss and grief. Consultations are free and confidential. No records are kept. After-hour and weekend appointments are available and group, on or off-site meetings can be arranged. Psycho-educational presentations are available. A list of these presentations is available upon request. Email: lwmflc@gmail.com. Phone numbers: 573-212-0739, 573-855-3283, 573-855-3269 or call ACS at 573-596-0212. Fort Leonard Wood has an embedded MFLC position in the 4th MEB. The phone number is 573-979-7838.

ARMY COMMUNITY SERVICE OUTREACH: The purpose of ACS Outreach is to enhance readiness and retention by helping Soldiers and Families develop a stronger sense of self-reliance and belonging in the military community. Outreach targets those Families who have the greatest level of need, but are least likely to seek out and take advantage of services until they have reached a state of crisis. Once individuals and their issues/needs are identified, they can then be referred to the appropriate public sector/private sector agency for assistance. Outreach seeks to accomplish this by participating in on post/off post Family community events, on post organizational day functions, providing Family day briefings to Soldiers and Family members, setting up information tables during basic training graduations, conducting information briefings for permanent party, AIT students, and FRGs, and by manning information tables at various locations in communities around Fort Leonard Wood. Other activities ACS Outreach is responsible for include:

THE HOUSE NEXT DOOR (HND): The House Next Door is a place where spouses and Family members of Active Duty military, military Reserve Units, National Guard units, and military retirees can meet to learn new skills and make new friends. There are several services and classes available to participate in and enjoy. Classes include cooking, sewing, ceramics, embroidery, etc. Classes are FREE of charge and children are welcome. (*) Star classes require registration one week prior to the beginning of class. All classes are held at ACS, Bldg. 486, unless otherwise specified. To register please contact the ACS Front Desk at (573) 596-0212, or Dan Danzo at (573) 596-2621/2603. E-mail: daniel.a.danzo.civ@mail.mil. Commencing June 2012 HND classes will be two days per week on Monday and Wednesdays only at ACS, Bldg. 486.

- FREE YARD SALE THE HND FREE YARD SALE IS PERMANENTLY CLOSED. ALL ITEMS HAVE BEEN DONATED TO CHARITABLE ORGANIZATIONS IN AND AROUND THE INSTALLATION
- GOWNS GALORE: Ball gowns and dresses of various styles and sizes are available for loan free
 of charge. Don't miss out on attending a function just because you think you don't have something
 to wear. Donations of gowns and dresses are always welcome. Call (573) 596-0212 for more
 information.

June 2012 Classes
All classes are held 0900 - 1200

*Advanced Crochet (Broomstick Lace), Monday, 4 June 2012: The technique looks complicated but actually is not. If you know how to crochet please contact us to register for this fun class.

*Trash to Treasure, Wednesday, 6 June 2012: We are getting a jump on Father's Day. Please call to register for this interesting course of instruction.

*Taste & Trade (Formerly Prepare & Share Recipe Exchange), Monday, 11 June 2012: (This is Traditional German Chocolate/Fudge Day!) Do you need to tickle your taste buds? Bring in your favorite prepared dish with the recipe to share with the group and be ready with your appetite! Please contact us to register for this delicious time!

*No Sew Patriotic Décor, Wednesday, 13 June 2012: Yes, no sewing is involved! We are getting ready for the 4th of July celebration. Please contact us for a supply list and to register for this fun class!

*Chemo Caps (Knit/Crochet), Monday, 18 June 2012: The group is making knitted/crocheted hat for patients going through chemotherapy. Please call to register and for a supply list.

*Hand Piecing Applique (Quilting), Wednesday, 20 June 2012: Want to learn how to hand piece a seam or a quilt top? Please call us to register for this informative class!

*Quilt Block of the Month, Monday, 25 June 2012: We will be working on finishing our May/June block. Please contact us for a supply list and to register.

<u>Unfinished Project/Potluck, Wednesday, 27 June 2012</u>: If you have a project that never seems to get finished or you're not sure how to complete it, today is a day for you. The HND instructors will be on hand to offer advice and answer questions. No prior registration required.



CHILD, YOUTH & SCHOOL (CYS) SERVICES POC: NANCY B. STARNES, 596-0200

Children utilizing the Child Development Center (CDC) must be registered with CYS Services. The CDC is open Monday-Friday and is closed weekends and federal holidays. The full day program currently operates from 0530-1730 Monday thru Friday. The hourly care program operates from 0800-1700 Monday thru Friday. The part day preschool three-day program operates Monday, Wednesday, and Friday from 1230-1530 and Strong Beginnings operates Monday thru Friday from 0830-1130.

Children participating in Family Child Care (FCC) activities must be enrolled at a certified FCC provider's home.

Children participating in School Age Services (SAS) activities must be enrolled at SAS with the exception of Open Recreation that is offered two Saturdays per month. Children wishing to participate in Open Recreation must be registered with CYS Services, but are not required to be enrolled at SAS. Open Recreation is open to children from 1st thru 5th grade. Open Recreation is a free program. The phone number for the center is 596-0239.

Youth participating in Pippin Youth Center (PYC) activities must be registered with CYS Services. These activities are open to preteens and teens from 6th thru 12th grade. Youth interested in participating in any of these clubs or activities may contact the center for more information to find out about the wide variety of activities that are available and the procedures for signing up for any of the programs that they may be interested in. The phone number for the center is 596-0209.

Through our participation in the United States Department of Agriculture (USDA) Child and Adult Care Food Program (CACFP), the CDC offers Parent's Choice Infant Formula with Lipids and Iron; available for infants through 11 months old if parents choose to participate. The CDC also offers commercially prepared infant food or ground food prepared by our kitchen staff to all children who are not yet eating table food. Infant Feeding Plans are available at the CDC to be completed to inform the staff of the food your child has been introduced to. As always, children over the age of one year will also be supplied with all of their nutritional needs while they are at the center. For more information on these programs, please contact the center.

Deployment Discounts/Services: Deployment Respite Care is available for children registered with CYS Services whose parent/sponsor is deployed, on TCS, PCS or TDY (90-179 days) orders or a Service Member of the deployed unit. Sixteen free hours of care is available per month, per child, during the deployment. A copy of the Service Member's orders must be provided. The CDC opens twice a month for this service. For the month of June the center will be open on the 3rd from 1200-1600 and the 15th from 1800-2200. The normal cost of hourly care is \$4.00 per hour will apply; payment must be made in advance. A snack will be provided for the children. This service may be utilized by other patrons whose children are registered for hourly care. Reservations are required and may be made up to two weeks in advance. Care is available for children 6 weeks through the 5th grade. Due to space limitations, paid reservations may be bumped to make room for deployed Service Member's reservations. If this should occur, advance payments will be refunded.

Family Readiness Group (FRG) childcare is a partnering event between CYS Services and Army Community Service (ACS). There is free childcare service two nights per month for any FRG member who would like to utilize the service to attend an FRG meeting. To utilize the service your child must be registered with CYS Services and reservations must be made no later than 1200 the week before the date of the opening. The FRG childcare dates for June will be the 7th and the 19th from 1800-2030

CYS Services are also giving deployment fee discounts to children registered with CYS Services whose parent/sponsor is deployed or a Service Member of the deployed unit. Offsets to fees may be given as follows:

- 1) Waiver of CYS Services registration fee
- 2) 15% discount reduction for regularly scheduled full/part day fees
- 3) \$2.00 per hour rate beyond the free respite care hours
- 4) \$100 for team or individual sports
- 5) \$300 for SKIES Instructional Programs

To receive the discount, deployment orders must be presented to Parent Central Services upon registration, or if your child or children are already registered, you must make an appointment to rewrite your present contract and present the deployment orders at this time; however, rewriting the contract does not extend the date of your contract (it will still expire on the original date). Call 573-596-0238/0421 to inquire about eligibility for benefits.

<u>Parent Participation Points (PPP):</u> For parents with children enrolled in the CDC, SAS, or an FCC home, there are a variety of ways to earn PPP. These points can add up to a monthly 10% discount on your childcare fees. Check with your program or provider for more information on this program.

The Skate Park is open at PYC. The hours of operation are the same as the center, but the Skate Park closes at dusk, or 1900, whichever comes sooner. The park is open to youth 1st thru 12th grade. 1st thru 5th graders must be accompanied by a parent. All youth using the park must be registered with CYS Services and must sign in at PYC prior to using the park. Safety equipment, i.e. helmet and kneepads, is required. Some safety equipment is available at the center.

PYC will open at 1430 on weekdays. On non-school days and Saturday, the center will open at 1200. Regular hours for the center when school is in session are Monday through Friday from 1430-1900, and on Saturday 1200-1900 for Open Recreation. The High School Lounge is open Monday thru Thursday from 1430-1900, Friday from 1430-2100, and Saturday from 1200-2200.

Information from the School Liaison Officer (SLO): POC: AnnMarie Loredo

WAYNESVILLE SCHOOL DISTRICT KEY DATES:

PACE Program Accepting Appointments:

PACE strives to give children the skills needed to have a successful school career. Teachers work with the children to meet individual and group goals in a small classroom setting. Parent involvement is a large part of the program. Involvement includes activity nights, conferences, literature nights, and activities for home. Children accepted into P.A.C.E. Preschool for the 2012-2013 school year will be able to experience a new early childhood wing built to enhance their school experience and create a wonderful learning atmosphere.

P.A.C.E. screenings help the teachers identify areas that a child needs to strengthen before starting kindergarten. Some children may need more academic challenges, while others might need to work on social or behavioral skills. The bulk of P.A.C.E. screenings will be held in May and August, so please try to have your child screened during those two times. Every child screened with P.A.C.E. will either be accepted into the program or placed on our waiting list according to their screening results. As openings become available we call the next number on the waiting list.

P.A.C.E. Preschool is now accepting appointments for their screenings. This is a free part day preschool offered through the Waynesville School District. It is open to all children in the Waynesville School District. The only requirement is that children must be 3 years old by AUGUST 1, 2012 and be potty trained. P.A.C.E. preschool is located on Fort Leonard Wood at Williams Elementary. To schedule an appointment or for more information please call (573) 452-2900.

VISTA Summer Associate Recruitment:

The Waynesville R-VI School District's Community Resource Office is gearing up for its 2012 VISTA Summer of Service. VISTA Summer Associates (VSAs) are adult volunteers who serve full-time for eight weeks in June and July. During June, VSAs will tutor summer school students in grades K-8 and serve in the Club TIGER after-school program. During July, VSAs will serve in nonprofit agencies in the Waynesville, St Robert, and Ft Leonard Wood communities, where they will assist with a variety of community events, such as youth recreation, community beautification, special community events, and more.

In return for their service, VSAs receive a \$400 biweekly living allowance and a \$1175 end-of-service education award, which can be used for future college expenses or to pay back qualifying student loans.

To qualify to serve as a VSA, you must be at least 18 years of age with a high school diploma or GED. To be well qualified, you should enjoy working with children, and enjoy serving the Waynesville, St Robert, and Ft Leonard Wood communities.

If you are interested in being a VISTA Summer Associate or hosting one or more VSAs at your nonprofit community agency, please contact Kim Hawk or Lindsie Mills at (573) 433-2043 or email community@waynesville.k12.mo.us

SCHOLARSHIP INFORMATION

BIG DIG SCHOLARSHIP—Deadline June 1, 2012

To be eligible you must be currently in grade 12 and entering into your first year of college/university in 2012 or be currently in your first or second year. Submit an essay that is under 1000 words by the stated deadline. Applications can be found by going to http://www.studentscholarships.org/scholarship.php

MAN MAC AUTOMATIC SCHOLARSHIP—Deadline June 15, 2012

To be considered eligible student must be enrolled or expect to be enrolled in an undergraduate program by the fall of 2012. The school you attend must be located within Canada or the United States. Applications can be found by going to http://www.studentscholarships.org/scholarship.php.

TEACH Grant Program

The Teacher Education Assistance for College and Higher Education (TEACH) Grant Program provides grants of up to \$4,000 per year to students who agree to teach for four years at an elementary school, secondary school, or educational service agency that serves students from low-income families and to meet other requirements. To download a fact sheet with more information regarding the TEACH Grant Program go to www.studentaid.ed.gov/pubs.

FREE Online Tutoring for ALL Military Families: Access www.tutor.com/military http://www.tutor.com/military for help with all subjects and levels. Professional tutors are available 24 hours a day 7 days a week; one-to-one sessions in a secure online classroom to ensure material is really understood. Visit the website today!

The Edge!

The EDGE program offers out-of-school enrichment opportunities for children and youth (grades 1-12) to experience, develop, grow, and excel by participating in cutting-edge art, fitness, life skills and adventure activities, known as Art EDGE!, Fit EDGE!, Life EDGE! and Adventure EDGE!

Art EDGE! Promotes learning-by-doing and focuses on the development of lifetime skills through exposure to the arts. Art EDGE! Activities increase creative development while building self-esteem.

Fit EDGE! Educates and encourages children and youth to incorporate a healthier lifestyle through physical activity and nutritional awareness programs.

Life EDGE! Imparts upon children and youth the skills needed for life-long growth as well as the exploration of future career fields.

Adventure EDGEI encourages children and youth to embrace the outdoors and nature while being exposed to activities that stimulate relaxation.

The EDGE! Framework provides the Army's Child, Youth & School (CYS) Services extracurricular enrichment options in Family and Morale, Welfare & Recreation (FMWR) program settings for youth of military and DOD civilians.

Children/Youth that wish to participate in any package must be a registered member of CYS Services. To enroll your child/youth please stop by the Parent Central Services Office in building 470 Room 1126. Follow Us on Facebook page:

www.facebook.com/pages/Fort-Leonard-Wood-Edge/321587863799 http://www.facebook.com/pages/Fort-Leonard-Wood-Edge/321587863799>

SKIES*Unlimited*

Ongoing

<u>Swimming</u> - Spring swimming lessons will continue through 12 May 12 for levels 1, 2 & 3. Lessons are from Tuesday – Friday for one hour, and are one to two weeks in duration. One week classes are \$15; two week classes are \$30. Call Parent Central Services at 596-0238/0421 for more information.

<u>Piano, Guitar & Voice</u> - 30 Minute Private Lessons \$55, Hour Long Group Lessons \$43. Some time slots are still available. Contact Parent Central Services for dates and times at 596-0238/0421.

Martial Arts – Tae Kwon Do meets Monday and Wednesday evenings at Audie Murphy's Community Center. Classes offered are one time a week for \$35 per month or two times a week for \$65 per month. Start-up fee is now \$75 (regular price, \$159). Call Parent Central Services at 596-0238/0421 for more information.

Gymnastics - 45 minute gymnastics class once a week for 18 months and older. Lessons are \$42/month. 1 ½ hour advanced class is \$58/month Toddler and preschool classes are available Wednesday and Thursday mornings. A new class on Wednesday mornings for home school students ages 6-9 has also been added. Contact Parent Central Services at 596-0238/0421 for more information.

<u>Dance</u> – Classes are currently in session for ages Pre-K and up on Thursdays between 1600 – 1900. Lessons are \$35.00 per month with a \$15.00 enrollment fee. Call Parent Central Services at 596-0238/0421 for days and times.

<u>Academic Support</u> – New! SKIES*Unlimited* now offers academic tutoring for students 6-18 years in reading, writing, math, test prep, SAT, ACT and GED prep. Please call the SKIES office at 596-0200 for details.

Upcoming!!!!!!

<u>Preschool Bumper Bowling – 4 & 18 Jun 12</u> Parents, enjoy a morning of bowling with your child. Children learn to follow directions, use eye/hand coordination and gross motor skills while having fun bowling! Cost is \$10 and includes free popcorn and drinks will be provided. Class meets every other Tuesday 900-1100 at Daugherty Bowling Center. Call Parent Central Services at 596-0238/0421 for more information.

<u>Trap/Skeet Shooting 4 Jun-31 Jul 12</u> Learn the sport of trap/skeet clay target shooting. Go on to compete in matches or recreational leagues. Develop good basic shotgun skills and improve hand/eye coordination. All equipment is provided for this eight week course. Ages 11 and older. Cost is \$80.00. Class meets on Tuesdays 1630-1730 at the Outdoor Adventure center. Class size is limited to ten students. Call Parent Central Services at 596-0238/0421 for more information.

Leave No Trace Camping 13-17 Aug 12 Leave No Trace is a nationally recognized outdoor skills and ethics education program that teaches students about low impact camping skills. At the end of the course, students will participate in an overnight camping trip. Ages 11 and older. Cost is \$25. Class is limited to 10 and meets at Outdoor Adventure Center 1630-1730, 13-15 Aug 12; overnight camping trip 16 Aug 12 time TBA. Call Parent Central Services at 596-0238/0421 for more information.

SKIESUnlimited is recruiting community members like you! Share your knowledge and skills and earn extra money in your spare time. Expand the horizons of children and youth in the Fort Leonard Wood community. SKIESUnlimited is currently recruiting individuals with experience in academic tutoring, SAT/ACT prep, arts & crafts, drawing & painting, auto skills, robotics, engineering, scrap booking, cooking, foreign language instruction, and baby sign language. Please contact Nancy Maddy at 573-596-2050/563-3006 if you are interested in working as an independent contractor with the SKIESUnlimited program.

Like us on Facebook for all the latest news: https://www.facebook.com/SKIESUnlimitedFortLeonardWood

Parent and Outreach Services/Special Events:

8 Jun 12 - PWIM Workshop "Parent/Child Communication", 1130-1230, Building 470, Room 1118. Teenage Babysitters Training - 25 & 26 Jun 12, 0800-1530, Building 470, Room TBA.



June 1

Military Night at the Licking Missouri Chamber of Commerce Rodeo Military night at the Annual Pro Rodeo in Licking, MO is slated for June 1, 2012. There is no cost for active military I.D. card holders. The cost for active duty dependants and retirees will be \$5.00. Children 12 and under are free. The gates are to open at 6:00 p.m., with the event taking place from 8:30 to 10:30 p.m. To get to the rodeo, follow the signs from HWY 63 to Maple Ave.

June 1

AUSA BBQ in Rolla, MO_The 399th Army Band is slated to perform at the AUSA BBQ being held in conjunction with the Route 66 Summerfest in downtown Rolla on June 1, 2012. The event is scheduled to take place from 5:30 to 7:00 p.m. at the Summerfest Festival lot at 9th and Elm streets. The cost for a food/drink ticket is \$8.00. There will be numerous food vendors on hand for ticket holders to choose from. Tickets can be purchased at the event.

June 9

City of Lebanon's Route 66 Day On June 9, 2012 the city of Lebanon will be celebrating the grand opening of Route 66 (currently Elm Street from exit 130 to 127) as an improved five lane road. The event will take place at the Cowan Civic Center, 500 East Elm Street, from 10:00 a.m. to 11:00 p.m. There will be a parade of approximately 100 classic cars with the 399th Army Band scheduled to perform.

June 16

Springfield Cardinals 7th Annual Fort Leonard Wood Military Appreciation Day. Active duty, retired military and their immediate family members will have free admission to the Springfield Cardinals game at Hammons Field on June 16, 2012. Game time is slated for 6:08 p.m. Hammons Field is located at 955 E. Traffic Way, Springfield, MO. Tickets are available for pick up at Mid Missouri Credit Union, FLW Branch. Parking fees at Hammons field range from \$7.00 to \$10.00.

June 16

Celebrate America Freedom Fest On June 16, 2012, downtown Waynesville will be hosting "A salute to the Red, White, and Blue! Festive, Family, Fun!" Come downtown and enjoy tons of kid's activities, super savings, local vendors, bouncy house, live music, karaoke, fun for ALL, food and much more! The 399th Army Band is also slated to perform at this event. The event is scheduled to take place at 304 Historic Route 66 from 11:00 a.m. to 5:00 p.m.

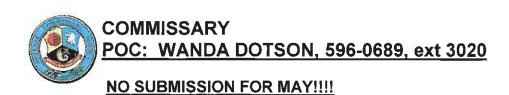


INSTALLATION CUSTOMER RELATIONSHIP MANAGEMENT OFFICER POC: BECKY GRIMM, 563-5114

"Voice of the Customer"

Are you interested in being part of the process of identifying FLW Community issues and providing recommendations in their resolution? The Community FIRST (Feedback - Issues - Resolutions - Solutions - Today) process is designed to identify and resolve issues that address the well-being of the Military Family. One of the methods used to collect quarterly issues is through focus groups. To date there have been three Garrison Focus Groups conducted with Active Duty Students, Wounded Warriors, and the Reserves / National Guard.

Issues received are forwarded on a quarterly basis to the appropriate directorate or organization for resolution. If it cannot be resolved at their level, then, in partnership with AFAP, those issues are presented to the Installation Action Council / AFAP Steering Committee and the Garrison Commander for approval to forward issues to the annual installation AFAP Symposium. If you are interested in participating and / or need more information please contact the Installation Customer Relationship Management Officer (CRMO) at 573 563-5020 or email to Rebecca.L.Grimm@us.army.mil.





GENERAL LEONARD WOOD ARMY COMMUNITY HOSPITAL (GLWACH), MARKETING SPECIALIST POC: JOHN BROOKS, 596-0131, ext 6-9632

GLWACH'S New Policy for the PRIMARY CARE CLINIC PHARMACY and the PX PHARMACY will take effect JUNE 18TH

- * All new prescriptions will be filled at the Primary Care Clinic Pharmacy located in General Leonard Wood Army Community Hospital
- * Refills may be called in for pickup at either the PX Pharmacy or the Primary Care Clinic Pharmacy
- * Refills to the PX Pharmacy will be ready for pickup in 24 business hours
- * Refills to the Primary Care Clinic Pharmacy will be ready for pickup in 48 business hours
- * Saturday hours at the Primary Care Clinic Pharmacy have been added: 0800 to 1700 (closed 1 hour for lunch)
- Saturday hours at the PX Pharmacy for refill pickup will begin June 23rd: 0800 to 1200
- * New prescriptions can be faxed in to the same number: 573-596-0405
- Most new prescriptions can be written for up to a 90 day supply
- * NO Co-Pay!



AMERICAN RED CROSS POC: DENNIS MORAN, 596-0300

Rock & Roll up Your Sleeve Donors who Shake, Rattle and Roll into a Red Cross blood drive May 22 - July 31 will be eligible to win a Gibson guitar, courtesy of the Gibson Foundation. We are proud to announce the Gibson Foundation as a gracious sponsor of this campaign. In addition, anyone who presents to donate blood will receive a rock and roll themed t-shirt! As a special incentive for youth donors ages 16 - 21, they may also enter to win a \$5,000 scholarship for future education costs!

<u>Summer Youth Leadership Campaign</u> The American Red Cross is looking for high school students who want to be a part of a winning team this summer. We want students to help us save lives! We are asking high school freshman, sophomore, or junior students to partner with the Red Cross in our Youth Leadership Program. These students should be highly motivated and exhibit a strong will to learn. Throughout the project students will learn about leadership skills and the importance of community service.

Each team will host a summer blood drive between May 15 and September 3, 2012. Student blood drive coordinators will have the opportunity to receive a letter of recommendation from senior level management personnel of the American Red Cross. These letters of recommendation may be used for college applications, internship and employment opportunities. In addition, student blood drive coordinators have the chance to win a \$3,000 scholarship!

Contact: American Red Cross 1-800-733-2767

Additional Information: http://www.redcrossblood.org
The need is constant. The gratification is instant. Give blood!

American Red Cross will hold a Pet Therapy Orientation on June 12, 2012 at 1000 am in the Red Cross office at GLWACH

Please call 573-596-0300 to register..*** Must own a dog***

<u>June 4 & 18</u> are New Volunteer Orientation, 1000hrs, Building 496(corner of Constitution & Replacement). Call 573-596-0300 to register.

Blood Services: Please contact Bill Mathews at MatthewWi@usa.redcross.org

<u>Health and Safety Information:</u> CPR/First Aid/AED training are held Every Second Saturday at Building 496(comer of Constitution & Replacement) To Register for Classes go to www.recross.org, website.

<u>Youth Corner:</u> 1 June 2012 youth kick for the summer volunteer program, Noon-1500, Building 496(comer of Constitution & Replacement). Call 573-596-0300 to register.

For June 4th, 2012 Dental Application will be available:

June 4th, 2012 from 0830-1600 Monday-Fridays Last day we will take application is 22 June 2012 at COB (close of business)

This program is made possible for military ID card holders over 18 through a partnership with the American Red Cross and DENTAC.

All applications must be completed and returned by the deadline date of June 22, 2012. Selected applicants will be interviewed in 26-28 June 2012. The training program is scheduled to begin July 9, 2012. Per Dental Clinic policy and due to the chemicals and x-rays students may be exposed to, women who are pregnant will not be considered for this program. If you become pregnant while in the program, you will be unable to complete training at that time. Each class is small to ensure quality training. Applicants will be notified within two weeks after the selection process is complete. If not selected, we encourage you to apply for the next class.

The Dental Assistant Program provides each student with quality training. At the completion of the program you will have marketable skills. This course is not an accredited Dental Assistant Course; for you will not receive college credits which are applicable or transferable.

Each student is responsible for providing their own transportation and child care for any and all of the program training/classes. Students are responsible for any additional expenses regulated by the Dental Clinic.

Completed applications need to be returned to the Red Cross office at Bldg 496 (Corner of Constitution & Replacement) NLT 1600 on 22 June 2012. For questions or concerns regarding the Dental Program, please contact the Red Cross office at 596-0300.

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POC: KELLY BROWNFIELD FACILITY MANAGER, 329-2039, kbrownfield@usomissouri.org

**PANERA BREAD: Please spread the word that on Saturday's when the USO opens, we let Military ID Card Holders come by and pick up a couple loafs of Panera Bread. Please remember to bring your own bag.

Balfour BeattyCommunities

POC: ANGIE ASKINS
LIFEWORKS COORDINATOR
329-1009 aaskins@bbcgrp.com

Terracycle and Father's Day Drawing

We'll be holding a drawing for Father's Day for \$100 gift card. One entry per household unless items are brought in from the Terracycle list. One entry will be given for every item brought in to your community center! The more you bring in, the better your chances of winning! The entry deadline is June 14th and the winner will be notified June 15th.

June Events

- 2nd- End of School Carnival at the Stonegate Community Center from 1-3pm. We'll be having a kids "Bling Your Bike" contest, chalk art contest, games, prizes obstacle course and lots of food! Our event is free to our military families. In the event the weather is bad, we will still hold the event indoors.
- 7th- Sisterhood of the Traveling "Sweat" pants- walking group for anyone wanting to meet others that have the same exercise plan! We'll be meeting at the Stonegate Center at 9am. Strollers and friendly, leashed pets welcome!
- 12th- Father's Day Crafts at the Stonegate Center at 1pm. Make a gift for the special guy in your life! Snacks will also be served.
- 21st Afternoon at the Movies at the Stonegate Center beginning at 1pm. "Puss in Boots" will be playing and popcom and candy will be served!
- 26th- How to Clear Housing at the Stonegate Center at 4pm. This is a great opportunity to get any questions answered you may have about how to clear your quarters.
- 28th- Summer Scrappin' at the Piney Hills Community Center at 10am. All supplies provided at no cost to our military families! Refreshments will also be served.



ARMED SERVICES YMCA OF MISSOURI (ASYMCA) POC: LINDA BRIGHT, EXECUTIVE DIRECTOR, 329-4513, vmca@cablemo.net; www.asvmcaMO.com

Weekly Activities:

| Mondays | 10:00 | Playgroup with New Parent Support Group |
|------------|-------|--|
| Tuesdays, | 10:30 | Story Hour at Clarke Library |
| Wednesdays | 12:30 | Story Hour at Clarke Library |
| Thursdays | 9:30 | Mom & Me Craft Class at Woodlands Neighborhood |
| • | | Center |

Kid Comfort quilts: Photo quilts for children with a deployed parent. Application available by emailing y office at ymca@cablemo.net

Next babysitting class: August 6,7,8 1:30-5:00 Pre-registration required

ASYMCA Duck Race: Saturday, July 28 at Waynesville City Park



CHAMBER OF COMMERCE POC: CECILIA MURRAY, 336-5121

Production of The Hobbit – June 1st, 2nd, 8th, 9th, 15th and 16th at 7:30 p.m. and June 10th at 2:30 p.m. Performance of The Hobbit directed by Natalie McCart will be held in downtown Waynesville at the theater on the square. For more information contact PFAA at 573-855-6223.

Benefit Yard Sales at All Secure Storage - June 2nd at 8 a.m. for "Camp Barnabas" at 14190 Hwy Z in St. Robert.

KA Plays Rockapalooza!! – June 2nd at 2:00 p.m. to June 3rd at 1:00 a.m. KFLW radio is going to sponsor their biggest annual charity concert event...ROCKAPALOOZA. Kricket Alley is going to roll in to help make it a great event!! It will be held at and co-sponsored by the Roadhouse Bar & Grille in Laquey, MO. Rockapalooza is put on each year to generate funds to support local charities in Pulaski County, so come out and show your community spirit and help it be a great success!! There will be a \$5 cover, which will be donated back to Rockapalooza, but will come with a free BBQ dinner with your admission! Food is being donated by the Roadhouse Bar & Grille. There will be a great lineup of bands donating their time to support this event. The bands will Open Roads (2-3:15pm), Stone Hinge (3:45-5pm), The Randy Man Band (5:30-7:30pm, Vino Alen (Acoustic Set, 7:30-8:15pm), Kricket Alley (8:15-10:30pm), Naturally Blended (11pm-1am).

There will also be lots of other events to get involved with: A com hole tournament starting at 2pm followed by the return of "crab races", hoola hoop contest, and a limbo contest! At 9pm Kricket Alley will also auction off a Hearland Stratocaster guitar (donated by Merles Music in Rolla) along with 2 tickets to see Eric Church in concert at Dury's O'Riley Family Event Center in Springfield, MO! Proceeds from the auction will be donated back to Rockapalooza!

Benefit Dance "Wish Upon A Star" – June 2nd at 7:00 p.m. This is our first dance fundraiser for Relay for Life of Pulaski County. Appetizers, Desserts, Door Prizes, Drawings, Music and Dancing, and Guest Speaker! Open to the public! Come out and support a great cause and have a nice night out! Tickets are on sale now!! Please contact me to purchase them. \$20 individual, \$30 couple, \$45 family (2 adults, 3 children) and children under 5 are FREE! For more information contact Goldie Spahn at 573-433-0076.

Westside Baptist Sports Camp – June 4th to June 8th Westside Baptist Sports Camp will be held June 4-8 from 1:00p.m. - 4:30p.m. for ages K - 6th grade. Sports available are Basketball, Gymnastics, and Soccer with a \$25 fee. Registrations with t-shirt order is due by May 24, 2012. Other registrations may be done through June 4, 2012. For more information, contact Julie at 573-774-6431.

Cruise in @ Crossroads – June 9th at 5:00 p.m. Bar-B-Que Deals, Kettle Corn, Door Prizes & a 50/50 Drawing, Live DJ by Justin Waltesr and awesome classic cars and motorcycles. At the corner of Hwy 7 and 133 in Richland, MO. Admission is FREE! For more information call 573-855-1247.

Pulaski County Fair – June 13th to June 7th Preliminary Events: Wednesday-Sunday: Lowrey Carnival, Thursday: family night with free games for the kids, greased pig contest, contest displays open, small animal livestock shows, Friday: remote car races, greased pig contest, kids games, lamb and goat show, Saturday: morning tractor parade from the Waynesville Middle School with the tractors on display at the fairgrounds till evening, hog and steer show, Quilters Gild will have a quilt show in the community center all day, bull ride at night, Monster Truck rides each day, Sound Boxx will perform Friday and Saturday night. For more information contact Carl Boone at cboone@sbpc.com.

<u>Yard Sale</u> - The Pulaski County Historical Society will hold a yard sale on June 15th and 16th beginning at 7:00 a.m. There will be all types of items. Come out and help keep history alive! For more information contact Connie Cutbirth at 573-528-2283.

Southern Gospel Sing – June 15th at 7:00 p.m. Performing Arts Auditorium - Waynesville High School Campus - Air conditioned, state of the art auditorium with plenty cushioned seating and plenty of parking. Admission is free. Performers: Covenant Quartet, Stanley Jones Singers - a family which singing roots run deep and where it all started for one of your Reunion favorites, Becky (Jones) Lercher. Singing Disciples Guest Emcee - Mr. Duane Garren of the Albert E. Brumley Gospel Sing.

Route 66 Fest on the Square Freedom Fest – June 16th at 11:00 a.m. Formerly known as 3rd Thursdays, Route 66 Fest has been reorganized to create three grand events a year in March, June & October. A salute to the Red, White, and Blue! Festive, Family, Fun! Come downtown and enjoy tons of kid's activities, super savings, local vendors, bouncy house, live music, karaoke, fun for ALL, food and much more! The goal of Route 66 Fest is to revitalize downtown Waynesville, while providing the community a fun, family friendly event to look forward to three times a year. Vendors Needed! Reserve your place on the Square Today! Applications available at Lone Oak Printing and Seda's Gifts. For more information contact Lone Oak Printing or Seda's Gift Shoppe at 573-774-3001 or 573-774-6910.

Hospice Fundraiser Motorcycle Poker Run - Phelps Regional Homecare will be hosting the second annual Hospice Fundraiser on June 16, 2012 to benefit the Phelps Regional Health Care Foundation-Hospice Fund. Events include a Motorcycle Poker Run with registration beginning at 9:00 am. No Motorcycle, No Problem! Join us at 12:00 pm and draw your hand at Phelps Regional Homecare! Lunch will be provided for all individuals purchasing a hand or may be purchased separately for \$5 per plate if you wish to just come and enjoy the day! Other activities include Live Entertainment and a Silent Auction. Prizes for the Best Hand and Auction Items will be given away beginning at 1:30 pm. If you have any questions, please feel free to contact Kerry at kpoindexter@pcrmc.com or 573-458-3801.

25th Anniversary Cave State Cruiser's Car Show – June 23rd to June 24th at Roubidoux Park in Waynesville! There will be area vendors and plenty of cars to look at! FREE to the public and only \$15 to enter a car for judging! For more information contact Paula at 573-201-7776.

Red, White, & Blue Country Festival – June 29th to July 1st Traditional country music will be center stage at the Missouri Festival Park, Dixon, MO all weekend long! If you like Jones, Willie, Buck, and Price, then you are in for a real treat with our tribute to traditional country music. Bands Playing TBA Get your reservations and more info by calling 1-573-759-2378 (BEST) Great food at the Americana Grill Outdoor Stage (bring a chair), kick back and listen to some great bands and entertainers light up the stage with good ol' country music from the 40's, 50's, 60's, 70's and 80's. Come and enjoy a fun filled weekend. This event will be held at the old Bluegrass Pickin' Time AKA Carol's Memorial Bluegrass Music Park at 19452 Hwy 133 Dixon, MO 65459. If you would like to be a vendor at this Festival, please contact MFP.Vendors@hotmail.com for an application. For more information contact Michael Hargis at 1-573-759-2378 (BEST).

Buckhorn Blast – June 30th at 10:00 a.m. The Buckhorn Blast/Passport Run is a great family event open to anybody. It kicks off with a Passport run, for any motorcycle or car/truck. It gives you the choice which route you want to ride, the stops you want to make, picking from over 30 selected places around central Missouri. Passport Run: \$15 per person, \$25 per couple; Family Day Events: \$5 per person, under 12 free. This year the event will kick off with a Passport Run that will cover central Ozarks with over 30 possible stops. Sign up from 8 am to 12 noon from the Shrine Club and last bike-in returning to the Shrine Club by 7pm. All day at Buckhorn we will have Children and family games, camping and music, along with food and drink. Fire Works show at 10pm and as always, A BLAST! For more information contact Danny at 573-433-0702.



ROLLA AREA CHAMBER OF COMMERCE POC: AIMEE CAMPBELL, (573)364-3577, visitrolla.com

<u>Summerfest</u> June 1-3 Location: Downtown Rolla Kicks off in St. James on Friday, classic cars & motorcycle cruise-in to the Rolla Festival Park. AUSA barbecue, FREE movie, Doubles Tennis Tournament first rounds begin at BerJuan Tennis Complex. All day Saturday activities & FREE evening concert, Miss Route 66 Pageant. More information at www.route66summerfest.com

Taste of Home Cooking School June 7 Location: Leach Theatre on the Campus of Missouri S&T Tickets are just \$12 for general admission and \$35 for VIP (included premium seating, cookbook and meet & greet with the Chef) Marketplace is from 5-7p.m. Show Starts at 7:00 p.m. For more info go to www.mysunny1045.com FOR TICKETS call (573) 341-4219

5th Annual Bluegrass & BBQ Cookoff June 9 Location: Lions Club Park on South Hwy 63 in Rolla Free admission! Bring your lawn chairs and your appetite! Featured artists: The Claire Lynch Band, the Hellbenders, Beverlys Hillbillys. Music sponored by Country Mart of Rolla & Comfort Suites- Hotel discount when you mention the bluegrass! For more information call 573-578-4410.

<u>Wizard of Oz-Presented by Ozark Actors Theatre</u> June 21-24 & June 28-30 Location: Ozark Actors Theatre, 701 North Cedar St. in Downtown Rolla This family-favorite musical featuring songs from the classic MGM film is sure to delight fans of all ages. Tickets are \$12 for children 17 and under, \$20 for adults. Family 4-pk for \$50 for Thursday and matinee performances (includes 2 adult tickets and 2 child tickets). More information at www.ozarkactorstheatre.org

INTERNATIONAL FRIENDSHIP PROGRAM POC: DEBBIE TRIGG, 563-8015

12th Annual Know Your World Reception

21 August 2012 6:00pm – 8:30pm Nutter Field House

Have you ever wondered what it was like to live in Thailand or Brazil? What kind of food do people in Bulgaria eat? How is the school system set up in Jordan compared to ours? Have you ever wanted to travel to far-away places like Indonesia or Lithuania or Egypt? You can answer these questions and travel to those far-away places on 21 August 2012, at Nutter Field House, at 6:00 pm – 8:30 pm at the 12TH Annual Know Your World Reception hosted by the students of the International Military Student Office.



FORT LEONARD WOOD LIONS CLUB POC: LISA CLINTON, C: 573-465-0977

<u>lisa.wcclinton@embarqmail.com;</u> <u>Clinton@rollanet.org</u> or <u>stnicksflw@embarqmail.com</u>

The FLW Lions Club was chartered 20 January of 1966 and has been a part of the worlds' largest service organization since that time. The FLW Lions Club was one of the first Lions Clubs formed on a military installation, and currently we are the only Lions Club that is still active on a military instillation. The motto of Lions Clubs International is WE SERVE and the FLW Lions Club tries to live up to this motto. Lions Clubs International has 1.3 million members and is located in 208 countries and geographical areas. This is more countries and geographical areas than the United Nations. We are just one club of 46,434 clubs worldwide. For additional information on Lions Clubs International, visit the website; www.lionsclubs.org, The FLW Lions Club is very active on the district and state level with four active Past District Governors and several members serving on district and state level committees. The FLW Lions Club is planning for the 2012 St. Nick's Benefit. Mark your calendar now for11 December 2012, for the St. Nick's Benefit. The next meeting has been scheduled for 6 June 2012 at Building 312 from 11:30am to 12:30pm. The new Chairman of the Benefit is Lion Casey Morris, Jr.. You are sincerely welcome to attend as many of these meetings as possible. Since the meetings will be conducted over the lunch hour, please feel free to bring and eat your lunch during the meeting. The FLW Lions Club will be working with the MO Lions All-State Band that will be preparing for marching in parades in Missouri, S. Dakota and Colorado. This band consists of all-star band members from the entire state.

They will be rehearsing on post from June 24 to June 29. On 28June they will be giving a concert at 7PM, before they leave on their tour of the mid-west. We would like to have a good audience for their performance at Gerlach Field 28 June at 19:00(7:00pm). We continue to collect gently used eyeglasses that are taken to a collection point and then cleaned, calibrated and given to eye doctors who go on missions to third-world countries and give them to those that need the eyeglasses. If you have used eyeglasses, feel free to give them to any of our Lions Club members. For additional information, please do not hesitate to contact me or one of our FLW Lions Club members. The current officers of the club are: President – Dawn Arden; 1st Vice President –Dan Arden; 2nd Vice President - Harold Burleson; Secretary- Wendy Williams; Treasurer – Bruce Simpson; Lion Tamer - Franklin Herbert; Tail-Twister- Julia Erskine; Directors - Casey Morris, Jr., Dewell Reeves, John Morten, Jr. and Louise Bibbs.



BETTER OPPORTUNITY FOR SINGLE SOLDIERS (BOSS)

POC: SPC RONDA TUBERVILLE or WARREN BRITTON, 596-6912

Facebook: http://www.facebook.com/flwboss

Twitter: http://twitter.com/FLWBOSS

Mission: To continually progress and improve the quality of life for single service members (bonafide bachelors, geographical bachelors and single parents) on Fort Leonard Wood. To provide and participate in social, recreational, and educational events, to participate in community service projects, to voice concerns and issues on quality of life, and to be involved with leadership developing activities.

Meetings: Single Service Members are encouraged to voice their concerns to their unit BOSS representative who will in turn express the issues at the bi-monthly BOSS meetings.

MEETINGS ARE EVERY 1ST AND 3RD WEDNESDAY OF THE MONTH AT 1530 IN THE CLARK LIBRARY; SEE YOUR BOSS REP FOR MORE INFO

<u>Upcoming events</u>:

Sign up for all BOSS events trough the BOSS office!

May 2012:

May EUPH BBQ (Quality Of Life)

- When: 31 May 1700
- Where: Off Indiana between 15 & 17 Boquet St.
- What: A BBQ for Single Service members in a relaxed environment and information on the BOSS program and upcoming events.

June 2012:

Sesame Street ticket booth (Community Service)

When: 4 & 5 June from 0930 -1330Where: BOSS Office BLDG 1000

What: Passing out Sesame Street tickets to qualified individuals.

How Many: 5 Volunteers per day

Movie in the Park "Hop" (Community Service)

- When: 8 June 1830 until complete

Where: Colyer Park Nebraska Ava.

 What: A way to raise income and awareness for the BOSS program. Volunteer to set up, and a concession stand.

How Many: 8 Volunteers
 Blue Springs Resort (Recreation)

- When: 9 June

Where: meeting at the BOSS Office to travel to resort

What: a great way to relax and build comradely with other single soldiers

- How Many: 20 BOSS members

Cost: To Be Determined

Movie at the Lake "We Bought a Zoo" (Community Service/ Recreation)

When: 15 June 1600 meet up

Where: Meeting at the BOSS Office BLDG 1000 to travel to Lake of the Ozarks

 What: A way to raise income and awareness for the BOSS program. Volunteer to set up, and a concession stand. Volunteers will spend the night in cabins at the lake. LIMITED POSITIONS!

How Many: 6 Volunteers

June EUPH BBQ (Quality Of Life)

When: 21 June 1700

Where: Pavilion 1963A Magnus St

 What: A BBQ for Single Service members in a relaxed environment and information on the BOSS program and upcoming events.



MSCoE SAFETY

POC: ROBBIN JOHNSON, 596-2961

<u>Tick Borne Illnesses:</u> Gardening, camping, hiking, just playing outdoors — These are all great summertime activities, don't forget ticks also maybe in the same environment. Tick bites transmit serious illness that can be fatal, including Lyme disease. While you're outside this summer, prevent tick bites and reduce your risk of tick-borne disease by following a few tips to safeguard you and your pets from tick bites.

- If possible, stay out of heavy wooded or brushy areas; stay on main roadways and pathways.
- Protect yourself from tick bites by wearing long-sleeved shirts and long pants tucked in your socks anytime you'll be walking through woods or thick vegetation.
- Ticks normally live in heavy grass areas, spraying DEET or other bug repellent on your clothes will add another layer of protection.
- Remove ticks promptly by grasping firmly with tweezers, as close to the skin as possible and pulling tick straight out. Do not twist or jerk the tick and do not use bare hands when removing ticks from family or pets, ticks can spread diseases through contact with skin.
- Wash hands and affected areas with soapy water and apply an antiseptic.

- If you experience a rash, especially one that looks similar to a bull's-eye, or an unexplained illness accompanied by fever following a tick bite, you should consult a physician for assistance.
- Always check yourself upon returning from potentially tick-infested areas by searching your entire body for ticks. Always check your pets for ticks after playing outdoors.

<u>Severe Weather Safety</u>: During spring and summer conditions can change quickly. Most cases lighting may occur and if you are caught outdoors may place you at risk.

- Watch for changing conditions and pay attention to weather clues around you that may warn of imminent danger.
- Stay aware of your surroundings. Look for safe places to go should severe weather threaten.
- Every thunderstorm produces lightning, which kills more people each year than tornadoes or hurricanes. Heavy rain from thunderstorms can cause flash flooding and high winds can damage homes, knock down trees, and utility poles and create widespread hazards due to windblown debris.
- Avoid open water sources open fields, hilltops, isolated trees, lightning can strike 10 miles away from the rain area.
- If you are caught in a large open area, seek shelter in a ditch, ravine and crouch down keeping your hands off the ground.

Remember if you can hear thunder, you are close enough to a storm to be struck by lightning. Go to a safe shelter immediately.



The EXCHANGE

POC: ROBERT RICE, GENERAL MANAGER, 596-1501

NO SUBMISSION FOR MAY



SPOUSES CLUB (FWCSC)
POC: GABY GALLAGHER (President),
fwcscpresident@yahoo.com

iwcscpresident@yanoo.com

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PARENTS As TEACHERS

POC: TAMMIE HUFFSTUTLER or SHEILA LAYMAN at 452-2002

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